MARCH 2015

seventeen



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J. LUKE, WRITER

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OLIVIA WILDE WEARS WILD CARD.

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MARCH



FASHION

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SPECIAL FEATURE

STAND OUT AT PROM!

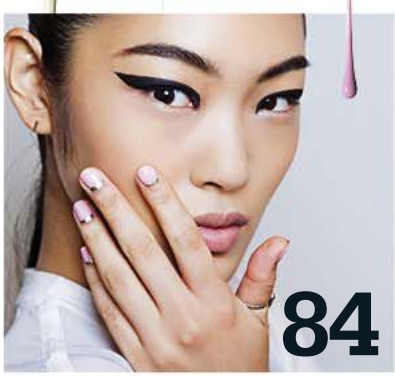
Fashion and beauty tips for your big night.



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ON THE COVER



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112 LIFE ON THE M TRAIN



ON MEGHAN: Black bodysuit, Wolford; pink skirt, Moschino at Rent The Runway; name-plate necklace, her own; teeth necklace, Valentina Kova; large gold necklace, Niki & Lola.

Fashion Stylist: Annebet Duvall. Hair: Riawna Capri. Makeup: Mai Quynh. Manicure: Kimmie Kyees. Prop Stylist: Abraham Latham. Photographs: Dewey Nicks.

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One lucky winner will score a stunning diamond necklace (worth $750) from Jared.com!

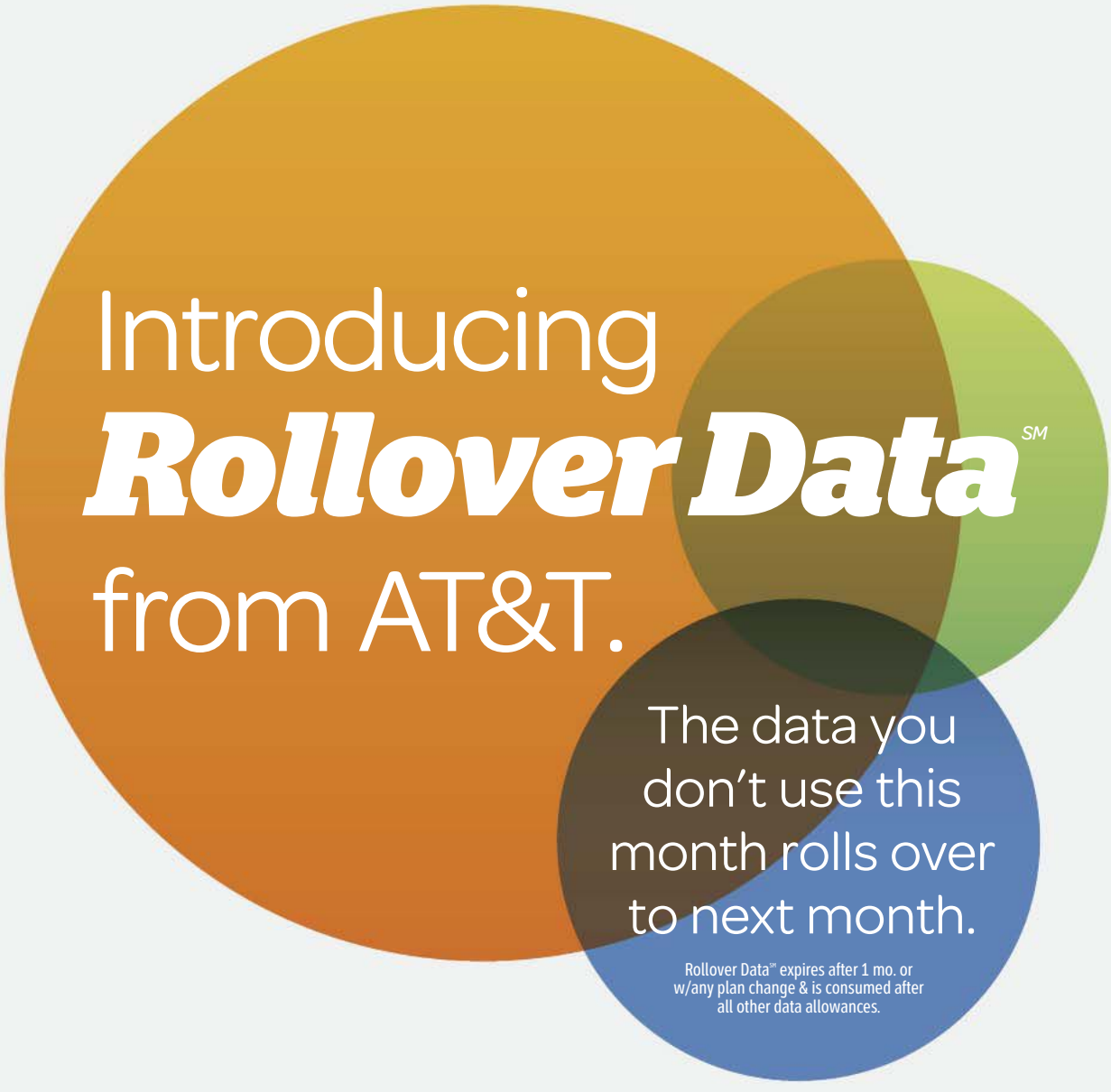
GRAND

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  5 winners score a geometric ring from Ona Chan **PINK**	**2**  5 winners get an ice-blue necklace from Wet Seal **ELSA**	**3**  5 winners receive gemstone studs from Moon and Lola **GOLDEN**	**4**  5 winners snap up a sparkly pavé bracelet from DailyLook **LINKS**	**5** REAL DIAMONDS!  1 winner gets this Affinity Twist Baguette diamond necklace from QVC **ICE**	**6**  10 winners score a set of dangle earrings from Lulus.com **GEMS**	**7**  5 winners receive a colorful necklace from House of Harlow 1960 **SWIRL**
8  5 winners snag a pretty beaded bangle from Alex and Ani **BANGLE**	**9**  5 winners get bold cluster-stone earrings from Sole Society **BRIGHT**	**10**  5 winners score the Dreamer necklace from Bianca Milov Jewelry **POINT**	**11**  10 winners receive a crystal bun pin from Kitsch **UPDO**	**12**  5 winners get a floral necklace and studs from Shop Priceless **CORAL**	**13**  5 winners snap up structured earrings from Freedom at Topshop **ROCKS**	**14**  5 winners get a cool chain necklace from MakeMeChic.com **SHINE**
15  5 winners score multicolor Gypsy earrings from Deepa Gurnani **GYPSY**	**16**  5 winners receive a glittering statement necklace from Claire's **GLIMMER**	**17**  1 winner scores this Elizabeth Taylor–inspired ruby ring from QVC **RUBY**	**18** REAL DIAMONDS!  1 winner gets a pair of diamond dangle earrings from Kay.com **DAZZLE**	**19**  5 winners receive this translucent necklace from Nashelle **IMPACT**	**20**  5 winners snap up a pink beaded bracelet from Pandora **LOVE**	**21**  10 winners get this exquisite necklace from Rue21 **ACCENT**
22  5 winners score this pink-jade necklace from Golden Thread **JADE**	**23**  5 winners get a gold moon-and-star cuff from Sisco & Berluti **SPACE**	**24**  10 winners score Near & Sparkle earrings from ModCloth **RETRO**	**25**  6 winners snap up this art deco necklace from Swell Caroline **GATSBY**	**26**  5 winners receive this square stone ring from Makko **STONES**	**27** REAL DIAMONDS!  1 winner gets this diamond-and-rose-gold bow necklace from Zales.com **PRECIOUS**	**28**  5 winners scoop up gold-and-smoked topaz earrings from Kendra Bridelle **SWORD**
29  5 winners get Gorjana Chaplin studs from Hauteheadquarters.com **STUD**	**30**  5 winners score a glam statement necklace from Target **GLEAM**	**31**  10 winners receive flashy stud earrings from Ash&Willow **SPARKLE**				

HOW TO ENTER

Starting March 1, log on to **seventeen.com** and type in the Freebie Phrase of the Day in yellow to be eligible to win. But hurry—each Freebie will be live for just 24 hours beginning at 12 A.M. ET. Winners will be posted at the end of the month. Go to **seventeen.com/freebies** or see **page 99** for details.

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here's looking @You



17 POLL WHAT'S HARRY'S BEST HAIRSTYLE?



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SHE SAID IT . . . WE ♥ IT!

"My father used to tell me to say every morning, 'Today's going to be a great day. I can and I will.'"

–GINA RODRIGUEZ

#17ANSWERS



Q: March weather changes up so much—I never know what to wear. What are some key pieces that will last through the season?
–@lorenaaridai_

A: Midiskirts and cardis are going to be your new BFFs. Swap out your boots for slip-on sneakers, and replace heavy coats with a cute denim jacket. Layering is a springtime must—so get creative and you'll have tons of outfits to choose from!
–Abby Kalicka, Senior Market Editor, @ajkalicks

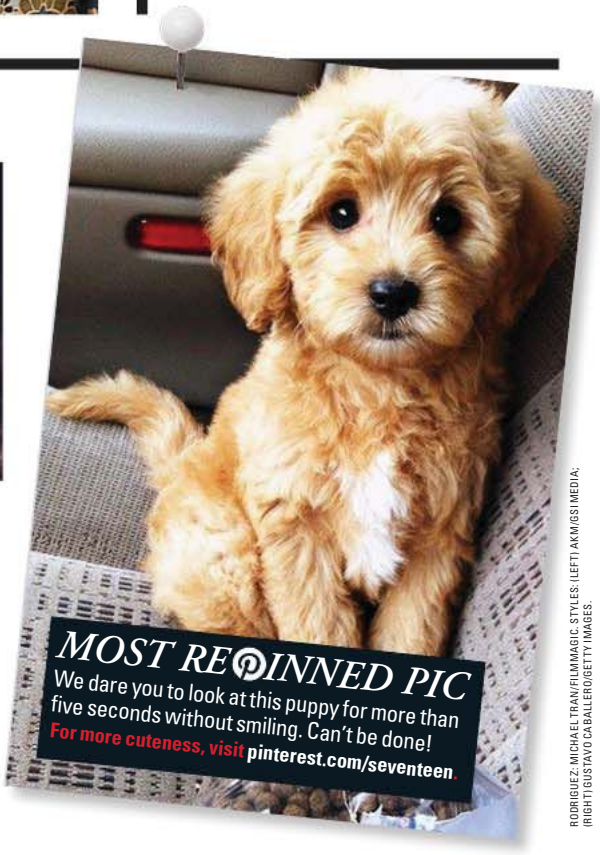
YOU TRIED IT!





"I *looove* trying out new nail art. The holiday issue inspired me to color-block and add tons of sparkle. Everyone kept asking where I got my mani done!"

–@color_u_bold



RODRIGUEZ: MICHAEL TRAN/FILMMAGIC. STYLES: (LEFT) AKM-GSI MEDIA; (RIGHT) GUSTAVO CABALLERO/GETTY IMAGES.

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seventeen STAR POWER!

On Meghan: Burgundy bodysuit, American Apparel; black skirt, Haute Hippie; yellow choker, Alexis Bittar; gold choker, Jill Golden; nameplate necklace, her own; pavé ring, Effy Jewelry.



WIN MEGHAN'S NECKLACE!

Meghan isn't the only one with skills. Her parents, who design and sell their own jewelry, created this nameplate pendant for their daughter—and now you can win one too! See page 99 for details.

Main Photo: Dewey Nicks. Fashion Stylist: Annebet Duvall at Kramer + Kramer. Hair: Riawna Capri at The Wall Group for Unite. Makeup: Mai Quynh for Lancôme. Manicure: Kimmie Kyees for Orly International/Celestine Agency. Prop Stylist: Abraham Latham at Art Department. Still Life: Jesus Ayala/Studio D. Still Life Stylist: Jessie Liebman for R.J. Bennett Represents.



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Jump dress in cobalt, $218. **B. Darlin** dress in neon coral, $124. **Jodi Kristopher** dress in blueberry, $148. Dillards.com • 1.800.345.5273


Blondie Nites dress in navy/gold, $209.
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march HOROSCOPES

By Sally Brompton

scorpio

Oct 23–Nov 21

Your schedule has been so hectic lately, having any "me time" almost seems weird. A link between Pluto and the sun on the 6th will make it much easier to relax and even treat yourself. Enjoy it!

If you're crushing on a Scorpio: Pretend you've got a secret—a Scorp will be dying to get you to spill what it is.

sagittarius

Nov 22–Dec 21

A girl in your group has a real negative streak, and her attitude is wearing you down. On the 20th, the sun will nudge you to bond with more upbeat friends. You'll feel a change immediately!

If you're crushing on a Sagittarius: Buy tix to the big game to cheer on your Sag. Enthusiasm welcome.

capricorn

Dec 22–Jan 19

You know something has been bothering your bae, but you won't learn the deal until the 13th, when Mercury opens the lines of communication. Don't worry: As a team, you'll figure out a solution.

If you're crushing on a Capricorn: Flattery will get you everywhere with a Cap, so compliment away!

aquarius

Jan 20–Feb 18

A juicy piece of gossip will land in your lap when Mars squares up to Pluto on the 11th. No lie: It will be *really* hard to keep it to yourself, but if you spill it, you may wind up with a serious enemy.

If you're crushing on an Aquarius: Disagree! Aquarians love a good debate.

PISCES

Feb 19–Mar 20

The planets indicate your crush is just as into you (yay!) but is feeling too shy to make a move. On the 4th, Venus will offer a casual way for you to break the ice. Before you know it, sparks will fly.

If you're crushing on a Pisces: You may have to do the chasing. Pisces peeps can be in a world of their own.

aries

Mar 21–Apr 19

It seems like forever since you and your crew had one of your girls' nights. Happily, the stars will align near the 14th, and everyone will be free at the same time. Get ready to make epic memories!

If you're crushing on an Aries: Try playing hard to get. Rams dig a challenge.

taurus

Apr 20–May 20

If you've been thinking about asking for a raise at your part-time job—or trying for a better gig altogether—now is the time. With Venus *and* Mars in your corner, you'll be unstoppable.

If you're crushing on a Taurus: Take your nature-loving Bull on a fun picnic in the countryside.

gemini

May 21–Jun 20

It's natural to feel mopey after your recent setback, but often the best way out of your own head is to help someone else. Mercury will introduce you to a cool cause on the 18th. Get to work!

If you're crushing on a Gemini: The quickest in with a Twin? Crack a joke. Gems love a sense of humor.

cancer

Jun 21–Jul 22

Tension has been brewing between two of your friends, and on the 17th, it will boil over. When they ask you to pick sides, slowly . . . back . . . away. Getting involved in their drama will stress you out!

If you're crushing on a Cancer: Take it slow or a Crab could get spooked.

leo

Jul 23–Aug 22

Since your BFF and her guy started getting closer, you've felt kind of left out. Heads up: You could be double-dating with them soon! With Jupiter's help, you'll meet someone you truly click with on the 4th.

If you're crushing on a Leo: Don't try to make a Lion jealous—it will only backfire.

virgo

Aug 23–Sep 22

On the 5th, you may feel overwhelmed for no good reason. That's just the pull of the full moon, which can set off *intense* mood swings. If you reach out to your best friend, she'll keep you company until it passes.

If you're crushing on a Virgo: A little game-playing will lower a Virgo's walls.

libra

Sep 23–Oct 22

You've been itching to go on a shopping spree, but cash has been tight. Just wait until the 17th, when Venus changes signs. Your favorite stores will offer great deals, so you can score cute stuff at the mall then.

If you're crushing on a Libra: Be prepared to melt at this charmer's sweet smile.

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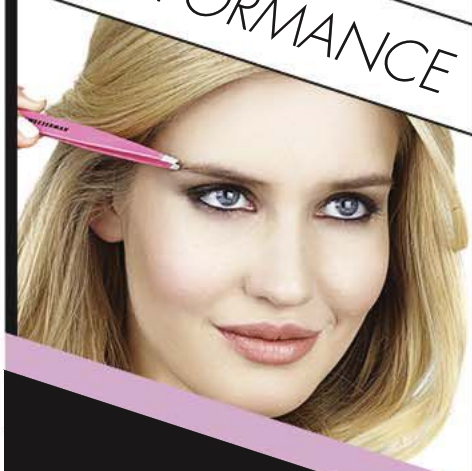
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PHOTO: JONTY DAVIES. FASHION STYLIST: MAGGIE MANN. HAIR: ALBERTO GUZMAN FOR BUMBLE AND BUMBLE AT RAY BROWN PRO. MAKEUP: NINA PARK FOR CHANEL ROUGE COCO AT THE WALL GROUP. MANICURE: FLEURY ROSE AT BRYAN BANTRY FOR CHANEL LE VERNIS. ON MODEL: BEANIE, STYLIST'S OWN.

STEP UP YOUR STYLE

Take this season's biggest trends right off the runway and into your wardrobe.

Tara, 22

CROP TOP **$56.** *PRINTED SKIRT* **$65.** Both Topshop, Topshop stores and topshop.com. *WHITE SNEAKERS* Adidas Originals, **$75,** adidas.com.

BURGUNDY JOGGERS
H&M Studio, **$35,** hm.com

ORANGE SLIDES
Vince, **$195,** vince.com

ZIPPER DRESS
Lacoste, **$120,** lacoste.com.
SHEER TOP
Nasty Gal, **$38,** nastygal.com.

YELLOW HOODIE
Kate Spade Saturday, **$95,** saturday.com

SPORTY CHIC

ON THE RUNWAY



REAL-GIRL PHOTOS: LAUREN PERLSTEIN/STUDIO D. FASHION EDITOR: AEYUNG KIM. HAIR: ADAM MACLAY FOR ORIBE/ABTP.COM. MAKEUP: JAMIE DORMAN FOR DIORSKIN. STILL LIFES: JESUS AYALA/STUDIO D.
RUNWAY PHOTOS: (DKNY, LEFT) EDWARD JAMES/WIREIMAGE; (TOPSHOP UNIQUE, LEFT) KARWAI TANG/WIREIMAGE; (ALL OTHERS) VICTOR VIRGILE/GAMMA-RAPHO VIA GETTY IMAGES.

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neutrogena.com



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BOY MEETS GIRL

PINK DRESS RD Style, **$63,** amazon.com. *STRIPED TOP (TIED OVER)* Ann Taylor, **$70,** Ann Taylor stores and anntaylor.com. *BLACK-AND-WHITE OXFORDS* T.U.K. Footwear, **$80,** tukshoes.com.

BROWN SUNGLASSES H&M, **$8,** hm.com

NAVY BUSTIER Sam Edelman, **$79,** samedelman.com. *BUTTON-DOWN BLOUSE* Rachel Rachel Roy, **$79,** select Macy's and macys.com.

MINT BAG Mossimo for Target, **$40,** select Target stores and target.com

BUCKLE PLATFORMS JustFab, **$40,** justfab.com

PLEATED SKIRT BCBGeneration, **$78,** Lord & Taylor and bcbgeneration.com

Leah, 17

ON THE RUNWAY

TEMPERLEY LONDON

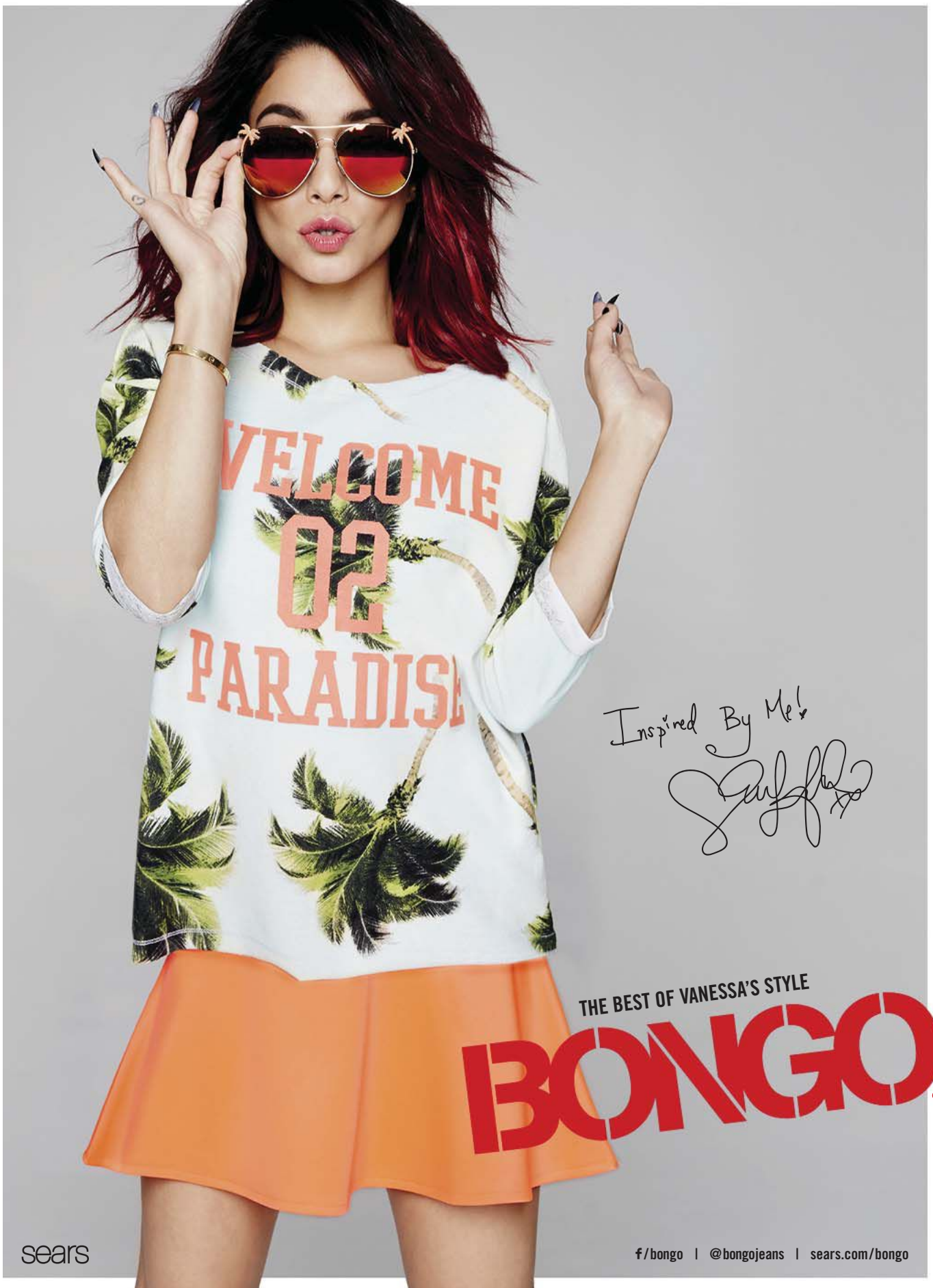
SUNO

REBECCA MINKOFF

PORTS 1961

ON LEAH: EARRINGS, FREEDOM AT TOPSHOP. RUNWAY PHOTOS: (TEMPERLEY LONDON, LEFT) DANNY E. MARTINDALE/GETTY IMAGES; (SUNO, RIGHT) JOE KOHEN/GETTY IMAGES; (REBECCA MINKOFF, LEFT) EDWARD JAMES/WIREIMAGE; (REBECCA MINKOFF, RIGHT) EDWARD JAMES/WIREIMAGE; (PORTS 1961, LEFT) STEFANIA D'ALESSANDRO/GETTY IMAGES; (ALL OTHERS) VICTOR VIRGILE/GAMMA-RAPHO VIA GETTY IMAGES.

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CITY SURFER

"BON VOYAGE" PULLOVER
Lovers + Friends, **$165,** loversandfriends.us (similar styles)

OMBRÉ WATCH
Marc by Marc Jacobs, **$150,** marcjacobs.com

PALM-TREE PANTS
RD Style, **$75,** coutula.com

FLORAL SKORT
Abercrombie & Fitch, **$40,** select Abercrombie & Fitch stores and abercrombie.com

TURQUOISE BRACELETS **$28** for set of three. *GREEN, PINK, AND LILAC BRACELETS* **$25** each. All Blaine Bowen, blainebowen.com.

MESH TANK Nautica, **$73,** nautica.com.
STRIPED ONE-PIECE Kate Spade Saturday, **$95,** saturday.com.
PENCIL SKIRT Rachel Rachel Roy, **$79,** select Macy's and macys.com.
WOOD EARRINGS Freedom at Topshop, **$28,** topshop.com.
ROPE NECKLACE Freedom at Topshop, **$30,** topshop.com.
LEOPARD SLIP-ONS Sperry, **$75,** zappos.com.

ON THE RUNWAY

NICOLE MILLER



ROLAND MOURET



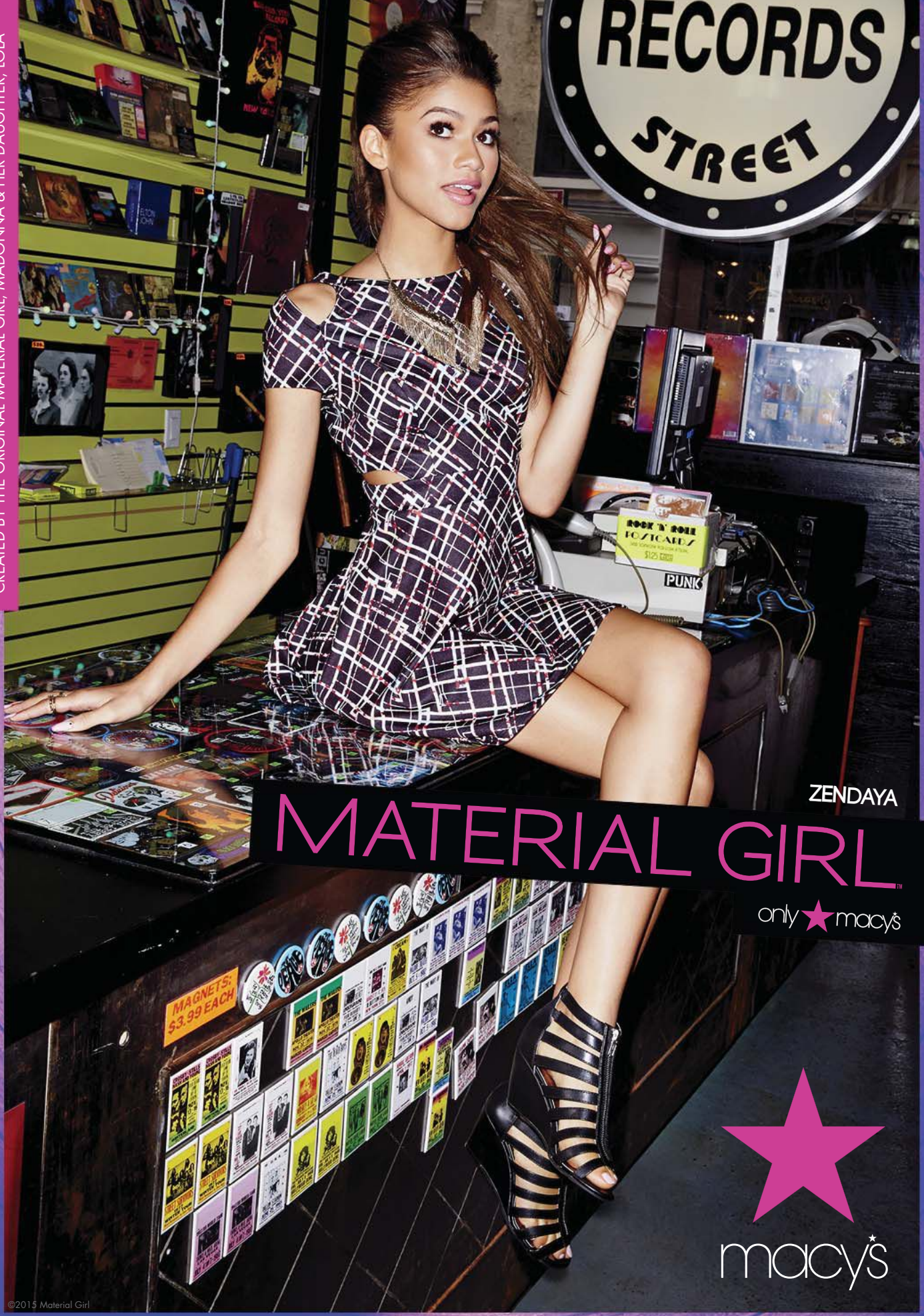
MARA HOFFMAN



DIANE VON FURSTENBERG



ON TARA: BRACELET, HER OWN. RUNWAY PHOTOS: FRAZER HARRISON/GETTY IMAGES FOR MERCEDES-BENZ FASHION WEEK AND VICTOR VIRGILE/GAMMA-RAPHO VIA GETTY IMAGES.



CREATED BY THE ORIGINAL MATERIAL GIRL, MADONNA & HER DAUGHTER, LOLA

ZENDAYA

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WORLD TRAVELER

MIXED-PATTERN DRESS Mimi Chica, **$32,** shopmimichica.com. *TIE-DYE BAG* H&M Studio, **$50,** hm.com.

STONE NECKLACE American Eagle Outfitters, **$30,** American Eagle Outfitters stores and ae.com

FRINGE SANDALS Kristin Cavallari by Chinese Laundry, **$90,** chineselaundry.com

RACER-BACK TANK Aéropostale, **$20,** Aéropostale stores and aeropostale.com

POM-POM BACKPACK Sam Edelman, **$89,** samedelman.com

EMBELLISHED JACKET Parker, **$429,** parkerny.com.
IKAT TANK American Eagle Outfitters, **$35,** American Eagle Outfitters stores and ae.com.
TRIMMED SHORTS TBags Los Angeles, **$172,** tbags losangeles.com.
BRONZE NECKLACE Target, **$17,** select Target stores and target.com.
SILVER HAND BRACELET Freedom at Topshop, **$25,** topshop.com.
BLACK HEELS Jessica Simpson Collection, **$119,** macys.com.

ON THE RUNWAY

REBECCA TAYLOR



ALBERTA FERRETTI



JUST CAVALLI



ETRO



ON LEAH: EARRINGS AND BRACELET, FREEDOM AT TOPSHOP; SILVER CUFF, THE 2BANDITS. RUNWAY PHOTOS: (REBECCA TAYLOR) BRIAN ACH/GETTY IMAGES FOR TRESEMMÉ; (ALBERTA FERRETTI, RIGHT) CHINAFOTOPRESS/CHINAFOTOPRESS VIA GETTY IMAGES; (ETRO, RIGHT) ANTONIO DE MORAES BARROS FILHO/WIREIMAGE; (ALL OTHERS) VICTOR VIRGILE/GAMMA-RAPHO VIA GETTY IMAGES.


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SWITCH UP YOUR...

Replace your go-to accessory with one of these game changers for an instant #OOTD upgrade.

BAG



DUFFLE
GX by Gwen Stefani, **$100,** amazon.com



CHAIN-STRAP
Juicy Couture Black Label, **$128,** juicycouture.com



OVERSIZE
French Connection, **$98,** usa.frenchconnection.com (similar styles)



BUCKET
Amenapih, **$98,** Nordstrom and hipanemausa.com



PUFFER
MOJO Backpacks, **$35,** mojobackpacks.com



FRINGE
Armani Exchange, **$200,** armaniexchange.com



CROSS-BODY
Danielle Nicole, **$78,** Neiman Marcus Cusp and cusp.com



METALLIC
Lulu's, **$40,** lulus.com



MINI
DKNY, **$248,** select DKNY stores



WOVEN
Sakroots, **$39,** sakroots.com

SHOES



SLIDES

ALDO, **$70,** aldoshoes.com



BOAT SHOES

Sperry, **$80,** amazon.com



SANDALS

Mossimo for Target, **$23,** select Target stores and target.com



FLATFORMS

Circus by Sam Edelman, **$90,** circusbysamedelman.com



STILETTOS

Guess, **$120,** guess.com



JELLIES

Iggy Azalea x Steve Madden, **$110,** stevemadden.com

MIDI BOOTS

Dr. Martens, **$75,** exclusively at Journeys stores and journeys.com





SLIP-ONS

Coach, **$135,** select Coach stores and coach.com



HIGH-TOPS

Converse, **$95,** select Converse stores and converse.com



MULES

Madewell, **$158,** madewell.com



TRAINERS

Skechers, **$72,** Skechers stores and skechers.com

STILL LIFES: JESUS AYALA/STUDIO D. STILL LIFES STYLIST: JESSIE LIEBMAN FOR R.J. BENNETT REPRESENTS.

DRESS FOR YOUR DREAM JOB

Step one to snagging the gig you want: Look the part! We found three new mentors to guide you—and to give their best interview tips.



"Don't sacrifice style for comfort—this outfit lets me look great even when I'm running to appointments."

EMBELLISHED JACKET French Connection. *WHITE TEE* AG. *BOYFRIEND JEANS* Citizens of Humanity.

"I help people find their style"

"As a personal shopper and stylist, I scour the city's biggest designer showrooms to search for the perfect pieces for my clients' wardrobes," says **Carmen Lilly.** "I have to be on my fashion A-game at all times."



"I go to a lot of networking events and dinner parties at night. That's when I really get my glam on."

LEATHER MOTO IRO. *BEADED DRESS* Parker.

TOOLS OF THE TRADE

"Since I'm always on the go, I need cute flats I can book it in."

STRIPED SLIP-ONS DV by Dolce Vita, **$70,** Nordstrom and piperlime.com



"I love a bright bag because it gives any look more personality."

PINK TOTE BCBGeneration, **$78,** Macy's and bcbgeneration.com



"Every stylist needs a 'thing.' Mine is my Insta necklace. It's an easy way to promote my work."

CUSTOM NECKLACE Jennifer Zeuner, **$165,** jenniferzeuner.com

INTERVIEW ADVICE

Do Your Research

"Be able to name your favorite designer. It's the number one question you're going to be asked!"

Wear What's Trending

"No one expects students to be in designer looks, but it's important to show you know what trends are big. You can find great runway-inspired pieces at Forever 21."

Curate Your Instagram

"Before I hire interns, I always check their social media. Make sure yours reflects your style—not your crazy Saturday night."

REAL-GIRL PHOTOS: CHRIS ECKERT/STUDIO D. FASHION EDITOR: AEYUNG KIM. HAIR: CARLA GENTRY FOR THE ONLY AGENCY. MAKEUP: JAMIE DORMAN FOR DIORSKIN. ON CARMEN: (LEFT) ROSE-GOLD BRACELET AND RINGS, JENNIFER FISHER; ALL OTHER JEWELRY, HER OWN. SNEAKERS, NIKE. (RIGHT) HAND BRACELET, JENNIFER ZEUNER. SILVER RING, ALEXIS BITTAR; ALL OTHER JEWELRY AND HEELS, HER OWN. STILL LIFES: JESUS AYALA/STUDIO D. STILL LIFES STYLIST: JESSIE LIEBMAN FOR R. J. BENNETT REPRESENTS.

"I design cool business spaces"

"Growing up, I always loved art, so I translated that passion into sketching ideas for hotel and restaurant interiors," says designer **Carolyn Zoerb,** who graduated with a degree in architecture. "My wardrobe reflects that creativity but also conveys confidence."





"This is my go-to power outfit. I always feel like a boss in killer heels and a sharp blazer."

BLUE BLAZER Cut25 by Yigal Azrouël. *GRAY TEE* AG. *SKINNY JEANS* Frame Denim. *BLACK MULES* Jessica Simpson Collection.

INTERVIEW ADVICE

Plan Your Route

"The last thing you want to do is show up to an interview flustered. Or worse, late. Prep beforehand so you know exactly where you're going and how long it takes."

Ask Smart Questions

"In college, I had no clue there were so many types of design firms. Some are more technical than others, so be sure to find out what kinds of projects they do."

Play Up Your Summer Job

"Every experience is important. What I learned as a waitress has actually made me a better restaurant designer. Don't forget to talk about those skills."

"I hate spending a lot of time getting ready, so I look for boots I can slip on for an instant statement."

MOTO BOOTS Ash, **$410,** ashfootwearusa.com



"I never leave the house without edgy jewelry. It dresses up casual looks."

PEARL AND BIB NECKLACES Jeweliq, **$25** each, jeweliq.com



TOOLS OF THE TRADE

"Everyone at my firm owns a pair of black glasses. It's like an unwritten rule."

BLACK-FRAME GLASSES DKNY, **$170,** LensCrafters stores and lenscrafters.com



"Creative offices like mine usually don't have strict dress codes. I love that I can wear jeans to work!"

GRAY SWEATSHIRT Kate Spade Saturday. *WHITE BUTTON-DOWN* Reiss. *BUCKLE BOOTIES* L.A.M.B.

ON CAROLYN: (LEFT) GOLD BRACELET, FRENCH CONNECTION; JEANS, HER OWN; (RIGHT) SILVER CHOKER, ELECTRIC PICKS.

"I teach elementary-school science"

"I spend my day painting food chains and playing with dirt, but I still dress up," says **Kate Lennon,** who teaches first through fifth graders. "It's important that parents see me as a professional."



"A wrap dress is perfect for parent-teacher conferences. It's polished yet approachable."
WRAP DRESS Rebecca Taylor. *RED FLATS* Belle by Sigerson Morrison.

INTERVIEW ADVICE

Test-Run Your Outfit

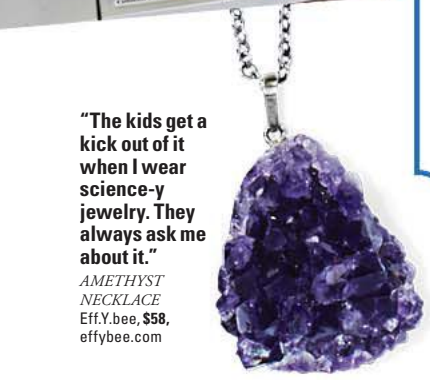
"The night before, practice sitting down and standing up in what you're wearing to be sure you're not showing too much skin."

Treat Phone Interviews Like You're in Person

"A lot of internship interviews are done over the phone. Try looking in a mirror so you feel like you're actually facing someone—you'll sound more confident."

Be Open to All Possibilities

"You might not get the job you want when you're first starting out. I began as a general teaching assistant. Be flexible, because it's more important to just get your foot in the door."



"The kids get a kick out of it when I wear science-y jewelry. They always ask me about it."
AMETHYST NECKLACE Eff.Y.bee, **$58,** effybee.com

TOOLS OF THE TRADE



"It's hard to see the clock when I'm walking around the room. Having a watch to look at helps me keep my lessons on schedule."
GOLD WATCH Michael Kors, **$250,** michaelkors.com



"I own a ton of scarves. They cover lower necklines and make dressier outfits feel more relaxed."
PRINTED SCARF Old Navy, **$17,** select Old Navy stores and oldnavy.com



"I do really hands-on projects with my students, so I need clothes I can easily move around in."
TWEED JACKET Comptoir des Cotonniers. *CHAMBRAY TOP AND BLACK PANTS* Joe Fresh. *SLINGBACK HEELS* French Connection.

ON KATE: (LEFT) GOLD NECKLACE, GORJANA; SHORT NECKLACE, HER OWN; BANGLES, ALEXIS BITTAR; ROSE-GOLD WATCH, TIMEX; (RIGHT) EARRINGS, THE2BANDITS; GOLD BRACELET, VIV & INGRID.

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Comfort is Cool

Demi Lovato Loves SKECHERS MEMORY FOAM™

Singer, songwriter, actress and philanthropist Demi Lovato may very well be the busiest young talent in the business. Currently, she is lighting up stages all across North America with her Demi World Tour. Outspoken and passionate with a powerful vocal range at her command, her energy and enthusiasm makes her a perfect match with Skechers. As she recently explained, Skechers has helped her embody a healthy new lifestyle. "Skechers help me stay motivated," she said. "I put them on every day!" One thing is clear: Demi certainly does make Skechers comfort look cool.





Style and Comfort!

Demi sports the Skechers Flex Appeal. This popular style features a Skech-Knit animal print upper with our signature Skechers Memory Foam insole for crazy comfort!



XOXO
Belted jumpsuit.
$79. ★ 1879528.

Opposite page:

Fringe poncho. $44.

AMERICAN RAG
Lace tank. 49.50.
★ 1933711.

VANILLA STAR
Soft pant jogger.
$39. ★ 1820100.

JESSICA SIMPSON
Crop top. $59.
★ 1933697.
Soft short. $39.
★ 1933696.
Two-piece set:
Floral crop top. $44.
★ 1933693.
Quilted soft shorts.
$44. ★ 1933694.

MADDEN GIRL
Raceyyy dress
sandal. $59.

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THE TWO-PIECE SET

THE MUST HAVES

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"This vintage-inspired varsity sweatshirt looks great thrown over a dress."

RED SWEATSHIRT
Tommy Hilfiger, **$89,** select Tommy Hilfiger stores





"Ditch the heels! Comfortable flat sandals are more versatile and practical."

PATENT SANDALS
Tommy Hilfiger, **$69,** select Tommy Hilfiger stores



"Every true music fan knows that rain boots are a must. The color-blocking on this pair makes you stand out from the crowd."

TWO-TONED WELLIES
Tommy Hilfiger, **$79,** tommy.com

TOMMY HILFIGER'S FESTIVAL FINDS

The legendary designer—and major rock fan!—shares his favorite concert must-haves.





"Star prints are huge right now. It's fun to take classic inspirations and reimagine them with a fresh twist."

STAR SWEATER
Hilfiger Denim, **$99,** select Tommy Hilfiger stores or call 212-223-1824 to order



"Sunglasses complete any look. I love the rosy tones on this pair."

TORTOISE SUNGLASSES
Tommy Hilfiger, **$135,** tommy.com







"These cutoffs have a vibe that reminds me of the 1970s. They're a festival staple!"

FADED SHORTS
Tommy Hilfiger, **$99,** select Tommy Hilfiger stores



"A moto vest is the perfect layering piece. It keeps you warm when temperatures dip, and it's an easy way to add edge to your outfit."

MOTORCYCLE VEST
Tommy Hilfiger, **$449,** tommy.com

"A chambray romper is a spring essential—it's lightweight and effortlessly cool."

BELTED JUMPSUIT
Tommy Hilfiger, **$189,** select Tommy Hilfiger stores



STILL LIFES: JESUS AYALA/STUDIO D. STILL LIFES STYLIST: JESSIE LIEBMAN FOR R.J. BENNETT REPRESENTS. RUNWAY PHOTOS, FROM TOP: VIRGILE/GAMMA-RAPHO VIA GETTY IMAGES; CATWALKING/GETTY IMAGES; VIRGILE/GAMMA-RAPHO VIA GETTY IMAGES (2).

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curve CONFIDENCE



Bold prints aren't just fun—they can be flattering too! Stylist DENISE CALDWELL spills how to work them.

STRIKE A BALANCE





"The key to mixing patterns is proportion—try a subdued print on the bottom and go louder on top. It helps highlight a great bust."

BUSTIER TOP Zelie for She, **$45,** zelieforshe.com.
LEOPARD PANTS Rainbow, **$13,** Rainbow stores and rainbowshops.com.

WORK YOUR ANGLES



"Stripes and florals make a surprisingly cute duo, but use this cheat: chevrons. The lines draw the eye down and in, which accentuates your waist."

CHEVRON TANK City Chic, **$60,** select City Chic stores and citychiconline.com.
FLORAL MIDI Moon Collection, **$60,** modcloth.com.

STREAMLINE YOUR LOOK



"Don't let a printed jumpsuit intimidate you. A darker, simpler design is visually lengthening."

POLKA-DOT JUMPSUIT Lane Bryant, **$90,** Lane Bryant stores and lanebryant.com

PAY ATTENTION TO DETAIL



"When shopping for graphic pieces, look for curve-enhancing accents like color-blocked panels. They cinch you like a belt. And don't forget to pick a motif you heart!"

HEART-PRINT DRESS City Chic, **$120,** select City Chic stores and citychiconline.com

YOUR STYLE SECRET WEAPONS



"Delicate necklaces are eye-catching and don't add volume like a chunky collar does."

LAYERED NECKLACE Lulu's, **$14,** lulus.com



"Spanx makes bras now. Um, game changer! This one smooths bumps and holds you in."

SEAMLESS BRA Spanx, **$68,** spanx.com



"Still nervous about prints? Tiptoe into trying them with heels. They're easier to rock and give you a nice booty lift."

STRAPPY HEELS Izabella Rue, **$50,** shoedazzle.com

STILL LIFES: JESUS AYALA/STUDIO D. STILL LIFES STYLISTS: (STRAPPY HEELS) JESSIE LIEBMAN FOR R.J. BENNETT REPRESENTS; (ALL OTHERS) JUDITH TREZZA FOR R.J. BENNETT REPRESENTS. ADDITIONAL CREDITS: (STREAMLINE YOUR LOOK) BELT, MODCLOTH; CLUTCH, LULU'S; (PAY ATTENTION TO DETAIL) BAG, MODCLOTH. CALDWELL: MORGAN MILLER PHOTOGRAPHY.


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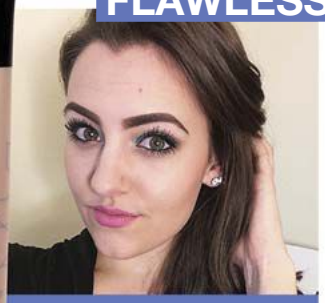
BEAUTY & THE CITY

Seventeen Social Club members look to pop sensation **Demi Lovato**—NYC NEW YORK COLOR Global Brand Ambassador—for the latest beauty and fashion trends. See how you can get Demi's bold look using NYC NEW YORK COLOR products. **Then, enter for a chance to show off your flawless skin, pretty pout and bold eyes in NYC!**

FLAWLESS SKIN



$3.99



BETH, 20

"For light coverage, I dab BB Crème on my t-zone and cheeks, then blend."

Kiss shine goodbye! Apply **Smooth Skin BB Crème Matte** to your face and blend in a circular motion for a luminous glow.

PRETTY POUT

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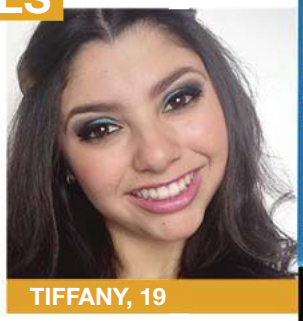
KATIE, 20

Perfect your pout by swiping on **Smooch Proof Liquid Lip Stain** for lightweight, creamy color that's comfortable on your lips.

"I recommend adding an extra layer of lip stain for a super bright, long-lasting tint."

BOLD EYES

"To make my eyes pop, I choose shades that compliment my eye color."



TIFFANY, 19



$4.99

$2.99

Show off serious color, just like Demi, by blending **City Proof 24HR Eye Shadow** across your top lid. Give your gorgeous lashes a boost with **Big Bold Angel Lash Mascara** for seven times the volume in a single stroke.

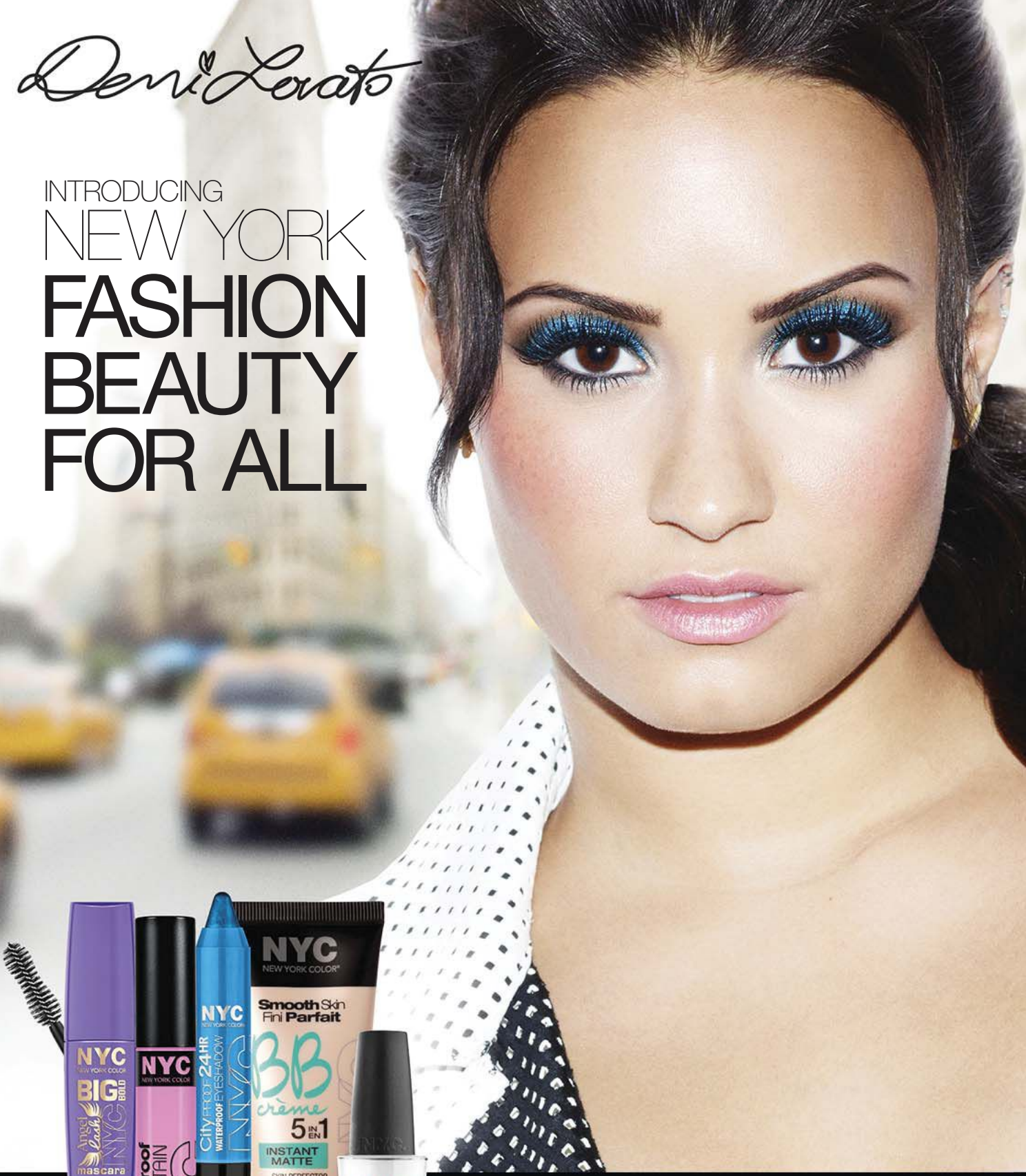
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Demi Lovato

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Get the scoop on all the stuff worth obsessing over this month.

AWESOME BAGS

Your inner T-Swift is so going to happy-dance over Keds' new collection of totes, cross-body bags, and backpacks—all with the same classic vibe as their iconic footwear.



STRIPED TOTE Keds, **$48,** keds.com

MULTICOLOR SNEAKERS New Balance for Kate Spade Saturday, **$95** each pair, saturday.com and newbalance.com





DESIGNER LOOKS FOR LESS

Anna Sui is known for her signature boho prints. Now, starting March 15, you can add her eclectic patterns to your closet: She's teamed up with surf brand O'Neill for a line of Cali-cool hits that are all under $100!



CROCHET BIKINI TOP **$56.** *CROCHET BIKINI BOTTOMS* **$60.** *FLORAL TANK* **$50.** All Anna Sui for O'Neill, nordstrom.com.



MUST-HAVE COLLAB

What do you get when New Balance and Kate Spade Saturday get married? They have babies in the form of playfully patterned kicks that you'll sport with your gym gear—and every other outfit you own.

SEVENTEEN.COM/FASHIONBLOG Stay up on the latest style news.

STILL LIFES: (BIKINI) COURTESY OF O'NEILL; (ALL OTHERS) JESUS AYALA/STUDIO D. STILL LIFES STYLIST: JESSIE LIEBMAN FOR R.J. BENNETT REPRESENTS. RUNWAY PHOTO: VICTOR VIRGILE/GAMMA-RAPHO VIA GETTY IMAGES.









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STAND OUT AT PROM!

Top 10 ways to look and feel like royalty on your big night—no tiara necessary.

1 FLORAL DRESSES

Set the tone for a romantic evening by wearing a bouquet of blossoms.



Gigi Hadid



PINK A-LINE
Sherri Hill, **$450,** sherrihill.com



BLUE STRAPLESS
BCBG Max Azria, **$368,** Bloomingdale's and bcbg.com



YELLOW FLOATY
Bebe, **$139,** Bebe stores and bebe.com



CoverGirl Colorlicious Lip Gloss in Fruitylicious, **$8,** drugstores

Maybelline New York Color Sensational Color Elixir in Blushing Petal, **$9,** drugstores

2 SHIMMERY LIP GLOSS

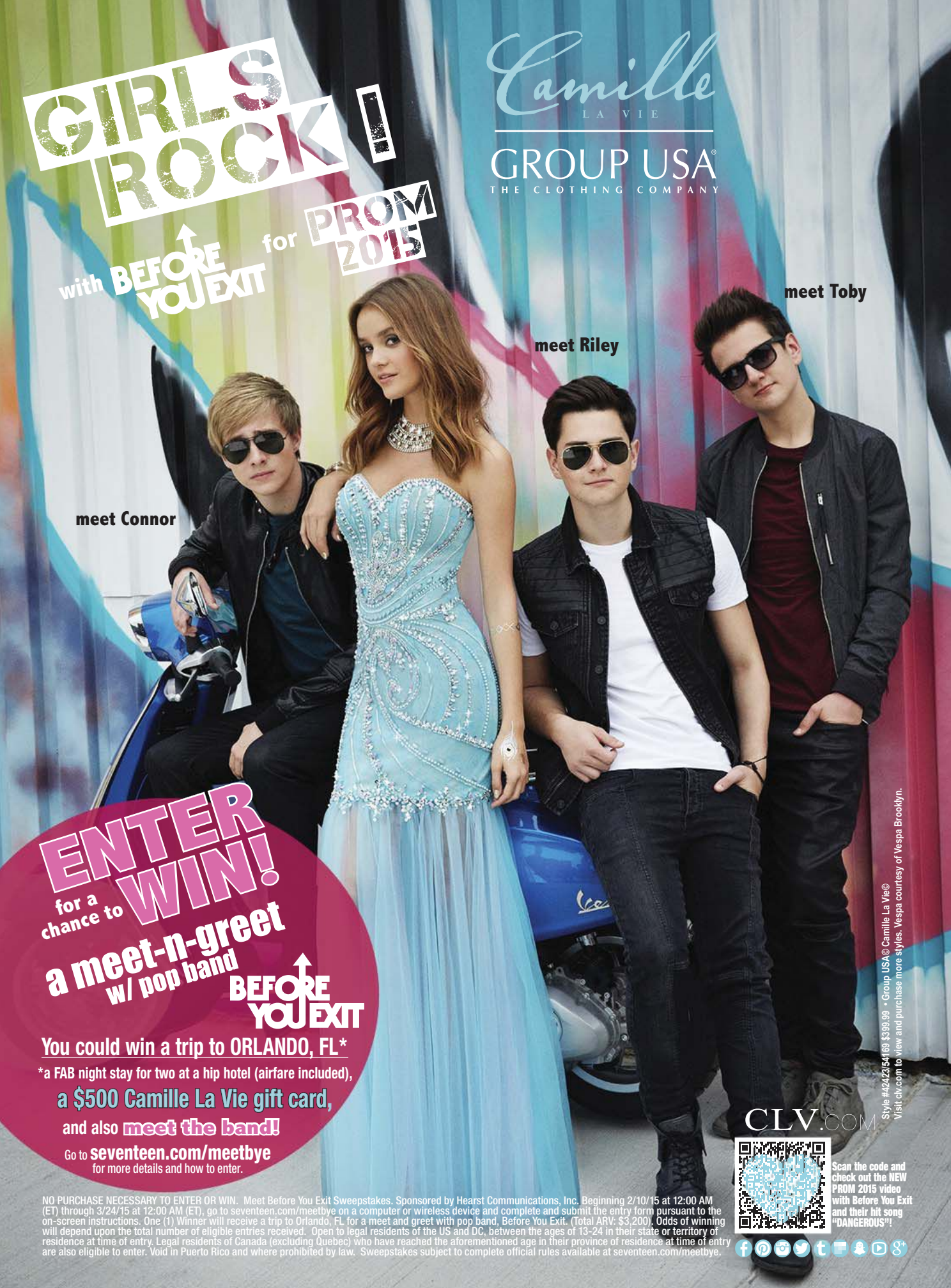
A swipe of sparkly gloss will score you the prettiest pout in every pic.



Revlon Ultra HD Lip Lacquer in Citrine, **$9,** drugstores

Rimmel London Stay Glossy Lip Gloss in Savoy Plum, **$6,** drugstores

STYLE LIKES: FASHION JESUS/AYALA BAR; DANCING DIRECTE AND LIP GLOSSES: JESUS AMALA STUDIO D; STARBURST CLIP: COURTESY OF COMPANY. STYLE DRESSY LISTS: FASHION JESUS; HAIR AND MAKEUP: JUDITH KATZ FOR J. BENNETT REPRESENTS; JEWELRY: BENNETT RAGLIN/WIREIMAGE.



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3 BLACK-AND-WHITE STYLES

Timeless but never tired, this color combo always makes a bold statement.



Oscar de la Renta

POLKA DOT Guess, **$98,** Macy's

COLOR-BLOCK Laundry by Shelli Segal, **$345,** Nordstrom and nordstrom.com

APPLIQUÉ LACE La Femme, **$350,** lafemmefashion.com



Anna Sui

4 GLITTERY EYES

Sparkles don't have to be princessy. Punk up glitter shadow by dabbing it randomly around your eyes.

5 METALLIC CLUTCHES

Think of your bag as an extra piece of jewelry! Add shine to your outfit with one of these glam finishes.

ROSE-GOLD STUDS Deux Lux, **$120,** deuxlux.com

GOLD SPHERE Make Me Chic, **$28,** makemechic.com

MIRRORED METAL BCBG Max Azria, **$168,** Bloomingdale's and bcbg.com

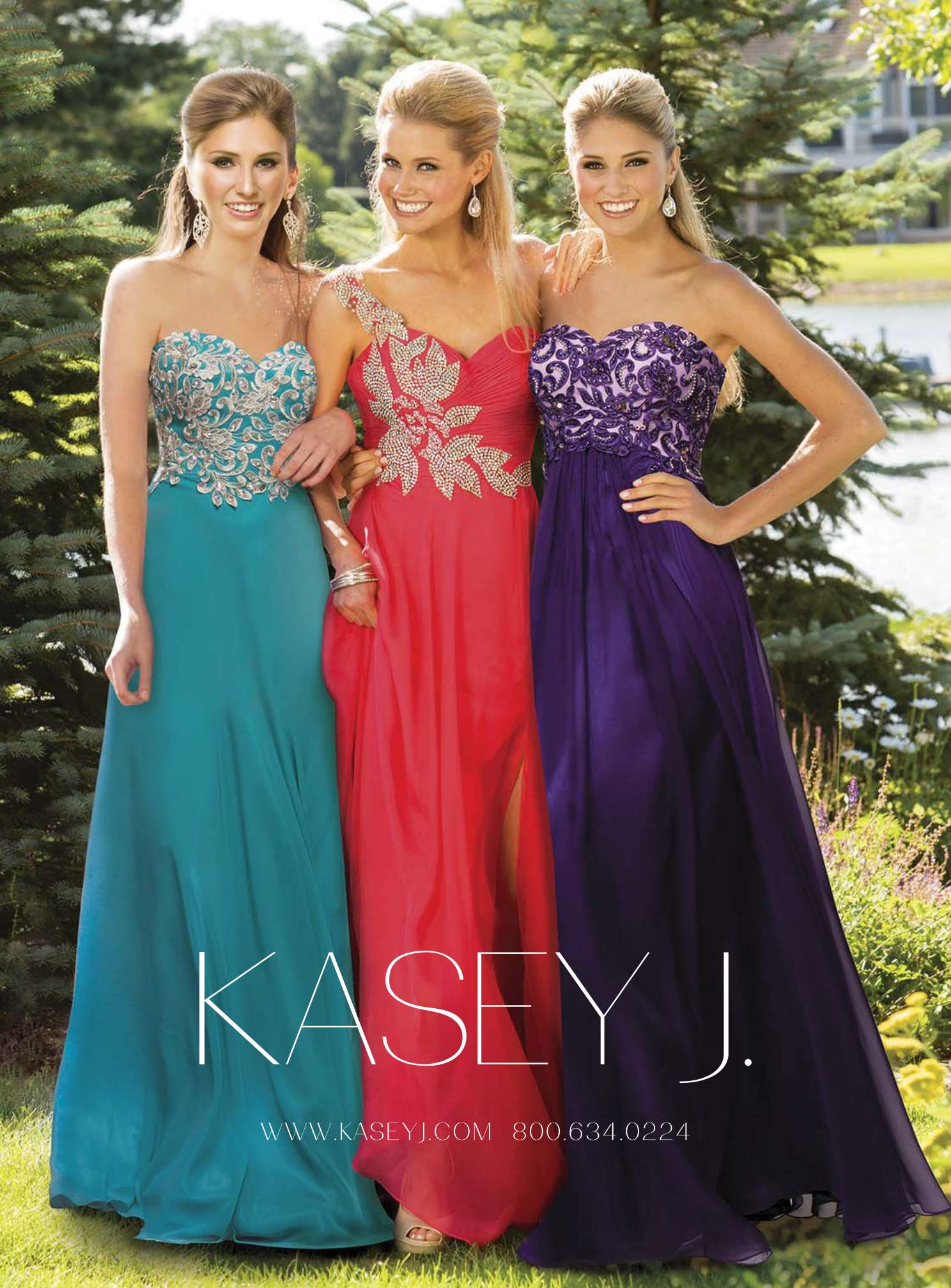
SILVER BEADED AMI Clubwear, **$44,** amiclubwear.com

SNAKE FOLD-OVER Shop Prima Donna, **$33,** shopprimadonna.com



RUNWAY PHOTOS: (OSCAR DE LA RENTA) VICTOR VIRGILE/GAMMA-RAPHO VIA GETTY IMAGES; (ANNA SUI) IMAXTREE


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FAVIANA
KASEY J.
La Femme
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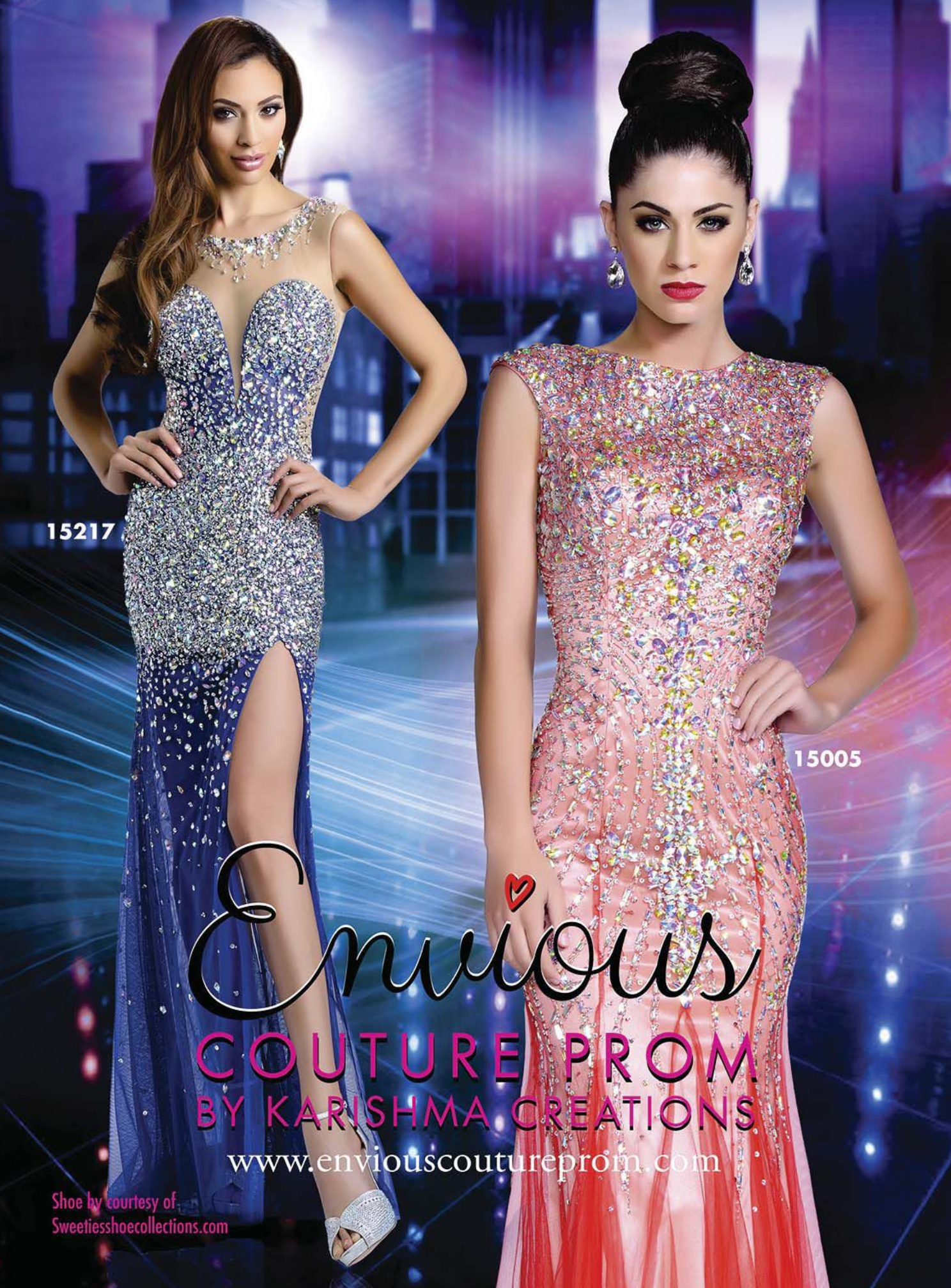

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Left: Style #25080/XS6975 $189.99 Right: Style #21820/A14809 $159.99
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Scan the code and check out the NEW PROM 2015 video with Before You Exit and their hit song "DANGEROUS"!

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6 GOLD HAIR ACCESSORIES

Gilded accents take your half-updo from simple to chic.





L. Erickson Crystal Starburst on Tige Boule in Light Colorado Topaz, **$14,** franceluxe.com





Mrs. President & Co. Large O Barrette, **$56,** shopbop.com

7 PASTEL GOWNS

Go ultra-girly in lace and chiffon or edge it up in neoprene. There's no wrong way to wear these sweet shades.



LEMON EMPIRE WAIST Parker, **$308,** parkerny.com



HANDKERCHIEF HEM Alice + Olivia by Stacey Bendet, **$898,** Alice + Olivia by Stacey Bendet stores and aliceandolivia.com



Victoria Justice



PEACH LACE My Michelle, **$134,** jcpenney.com



TEAL NEOPRENE ASOS, **$123,** asos.com

PICK UP THE NEW *SEVENTEEN PROM* ISSUE—ON NEWSSTANDS NOW!



JUSTICE: DONATO SARDELLA/GETTY IMAGES FOR MAXMARA. RUNWAY PHOTO: IMAXTREE.



Marissa Webb

8 BRAIDED UPDOS

Rock this pompadour–French braid hybrid and you're guaranteed to have twice the fun.

9 EMBELLISHED MINIS

Dazzle from the dance to after-prom in a tiny dress that's big on beads or sequins.

Sarah Hyland

BLUE BEADED Parker, **$396,** parkerny.com

GOLD V-NECK David's Bridal, **$279,** David's Bridal stores and davidsbridal.com

OMBRÉ SEQUIN JS Collections, **$250,** Lord & Taylor (by special order)

10 STRAPPY SANDALS

Notice-me ankle straps give killer legs the spotlight they deserve.

NEON YELLOW Juicy Couture Black Label, **$129,** juicycouture.com

BOW DETAIL Betsey Johnson, **$149,** betseyjohnson.com

MULTICOLOR Ivanka Trump, **$130,** nordstrom.com

HOT PINK Jessica Simpson Collection, **$89,** zappos.com

HYLAND: JASON MERRITT/GETTY IMAGES. RUNWAY PHOTO: IMAXTREE.


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beauty



Rimmel London ScandalEyes Eye Shadow Stick in Tempting Turquoise, **$4.50**, drugstores

NOW TRENDING

aqua cat eyes

Pulled from the Honor runway but perfect for the hallway, graphic bold blue liner straight up slays.

MAIN PHOTO: PETER ROSA/STUDIO D. FASHION EDITOR: AEYUNG KIM. HAIR: ANDREA WILSON AT NEXT ARTISTS FOR BUMBLE AND BUMBLE. MAKEUP: JOY FENNELL FOR LAICALE ARTISTS AND CHANEL. MANICURE: MISS POP FOR CHANELLE VERNIS. STILL LIFE: (EYELINER SWIRL) J MUCKLE/STUDIO D.

HOW TO PULL OFF...

Experts reveal the easy ways you can rock four tricky beauty trends. *by Jillian Ruffo*

the trend: neon eyes





THE PRO: **Ingrid Nilsen**
This YouTube beauty buff, MissGlamorazzi, has over three million subs, and she's now CoverGirl's first Glambassador.

THE INSPO: Orange eye makeup (like the fluorescent undereye liner at Peter Som) kept stealing the spotlight backstage at Fashion Week.

THE REAL WAY: Opt for a sheerer orange for every day. Prep your lids with shadow primer first (it'll make the pigment pop); then sweep shadow up to the crease. Finish with two coats of mascara.



FROM TOP: NARS Smudge Proof Eyeshadow Base, **$25,** narscosmetics.com; CoverGirl Lash Blast Volume Mascara, **$6,** drugstores; Make Up For Ever Artist Shadow #S-732, **$21,** sephora.com

MAIN PHOTOS: PETER ROSA, STUDIO D. FASHION EDITOR: JEUNG M. HAIR: ANDRE A. WILSON AT NEXT ARTISTS FOR BUMBLE AND BUMBLE. MAKEUP: JOY FENNELL FOR LACA ARTISTS AND FOR CHANEL. MANICURE: MISS POP FOR CHANEL. PRINTS ON MODEL TOP: "HI EXPECTATION" NECKLACE, STELLA & DOT. STILL LIFES: "NAIL ACCENTS AND TEXTURE SPRAY": JESUS AYALA/STUDIO D. (ALL OTHERS): NICK LE/STUDIO D. RUNWAY PHOTO: IMAXTREE.



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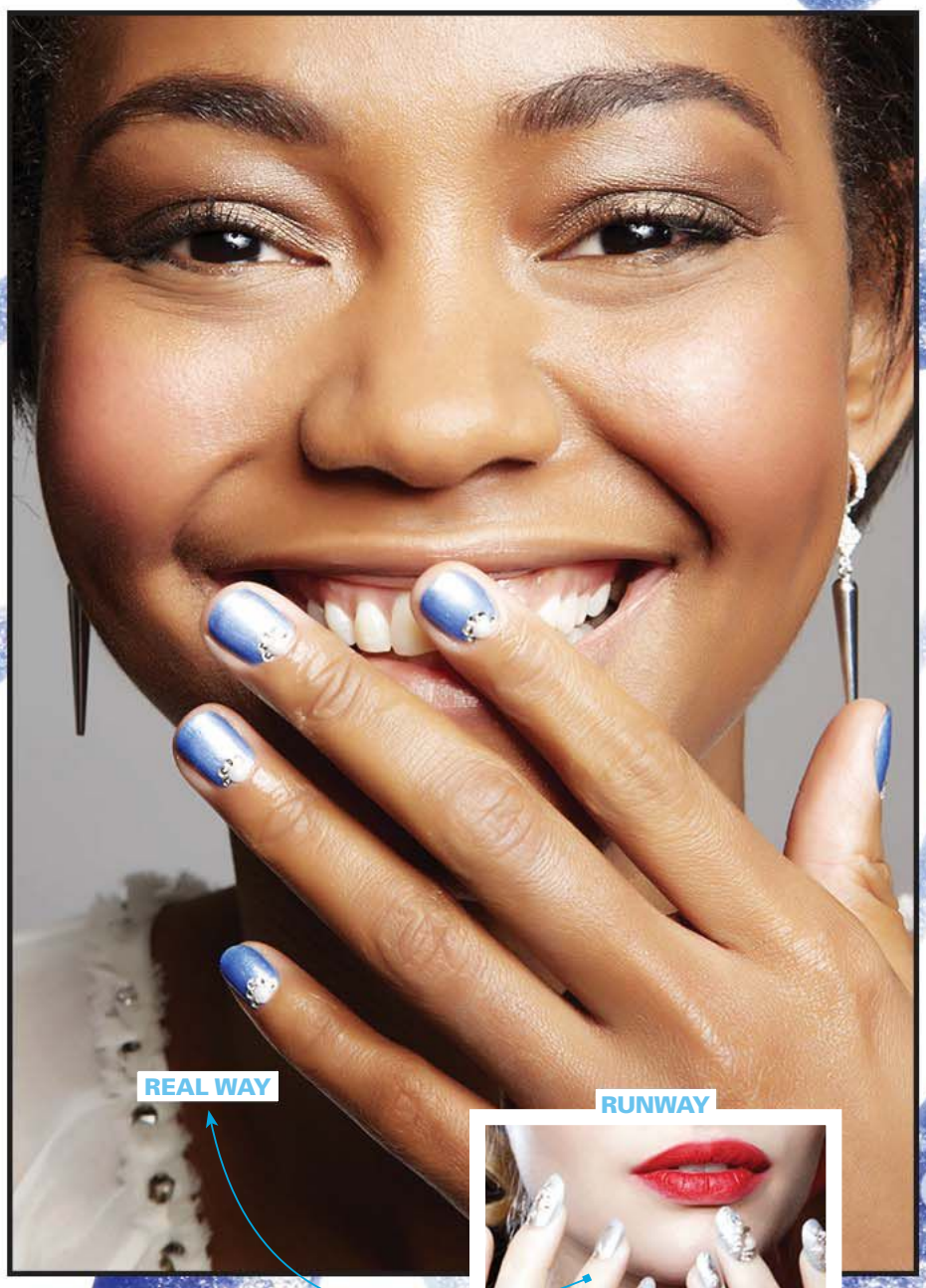
My fit is Matte+Poreless 115

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the trend: jeweled tips







THE PROS: **(from left) Morgan Haile & Taylor Daniel**
These cousins work for their dads' nail polish brand, Morgan Taylor, thinking up everything from color names to runway looks.

THE INSPO: Pearls are the new studs—they were popping up on all of the coolest manis. (See: Betsey Johnson's spring show.)

THE REAL WAY: Too many 3-D accents can snag on clothes and hair. Instead, press one pearl into still-wet polish at each cuticle and add a half-moon of crystals around it. Seal with top coat.



FROM LEFT: Morgan Taylor Professional Nail Lacquer in Best Ball Gown Ever, **$8.50,** loxabeauty.com; Seche Vite Dry Fast Top Coat, **$9,** sallybeauty.com; Kiss Salon Secrets Luxe Accents, **$4,** Walgreens stores

ON MODEL: TOP, JUICY COUTURE BLACK LABEL; EARRINGS, STELLA & DOT. RUNWAY PHOTO: IMAXTREE.



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THE PROS: **(from left) Sophie Rose & Shir Ben-Zikry**
The braid-obsessed BFFs started @instabraid to share their creations with friends—now they have over one million followers!

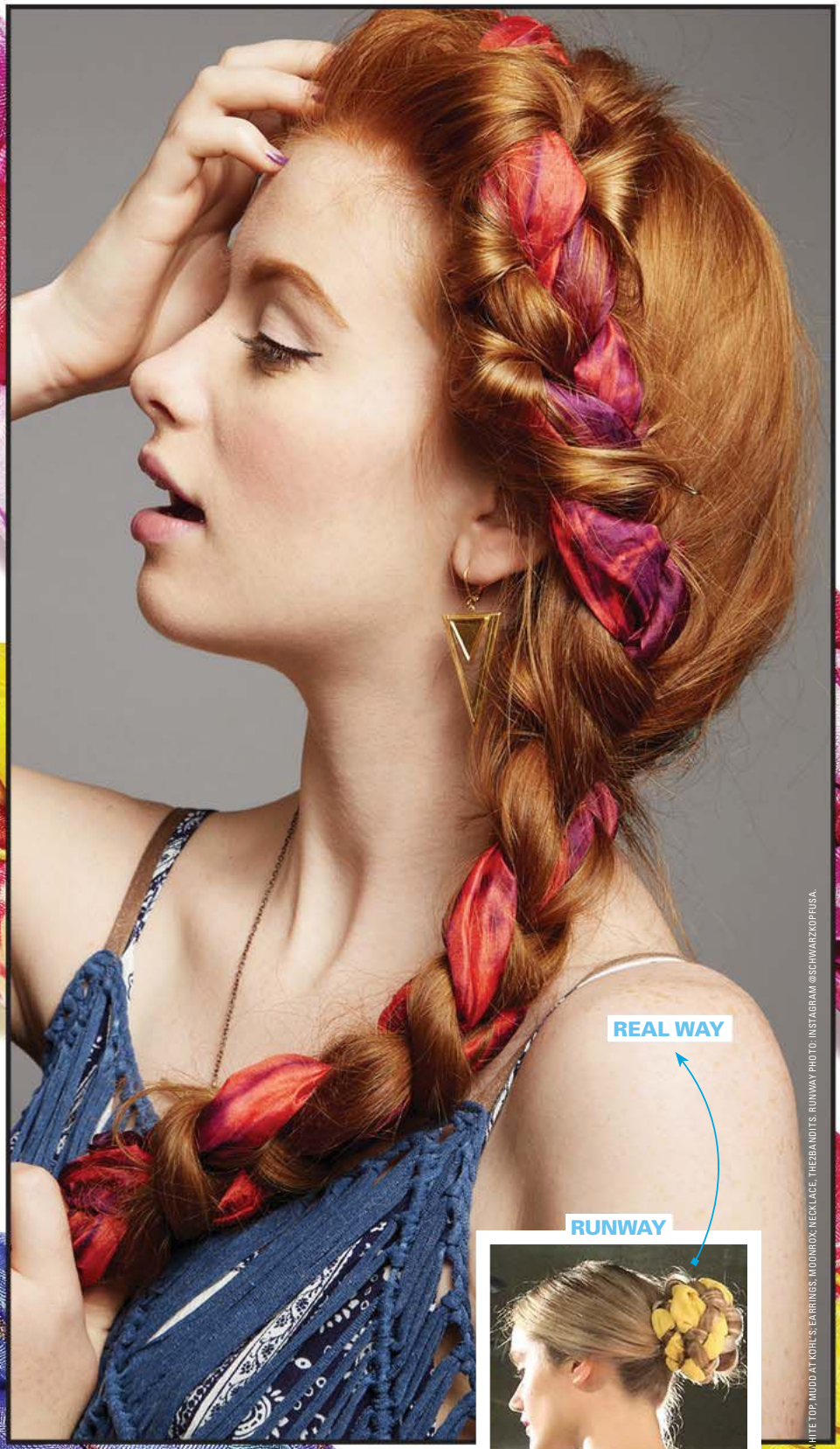
THE INSPO: What's not to love about the scarves in Alice + Olivia's massive braided chignons?

THE REAL WAY: An oversize bun can look costumey for school, but a side braid is classic. Spritz texture spray all over and pin a scarf near your hairline. Divide your hair into two sections, use the scarf as the third, and braid.



FROM TOP: Goody Ouchless Clear Elastics, **$3,** Walmart stores; Fave4 Texture Takeover, **$18,** fave4.com; (scarves) La Fiorentina Silk Tie Die Scarves, **$99** each, lafiorentina.com

the trend: woven braids



REAL WAY

RUNWAY

ON MODEL: BLUE CROCHET TOP, MISS ME; BLACK AND WHITE TOP, MUDD AT KOHL'S; EARRINGS, MOONROX; NECKLACE, THEZBANDITS. RUNWAY PHOTO: INSTAGRAM @SCHWARZKOPFUSA.


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Daniela is wearing New Eye Studio® Color Molten™ Eye Shadow in Taupe Craze.
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the trend: no-makeup makeup

REAL WAY

RUNWAY



MARC JACOBS



THE PROS: **(from left) Ally & Taylor Frankel** Overwhelmed with all the makeup on the market, this sister duo (just 15 and 18, respectively!) teamed up with their mom to create Nudestix, a foolproof line of neutral crayon cosmetics.

THE INSPO: Bare-faced confidence was big this season, especially on the models at Marc Jacobs, who wore *zero* makeup.

THE REAL WAY: Not quite ready to go au naturel? Try sweeping bronzer below cheekbones and highlighter above them. Then smudge a nude pencil onto lids and add mascara.



FROM LEFT: Rimmel London Wonder'Lash Argan Oil Mascara, **$9,** drugstores; Nudestix Eye Pencil in Stardust, **$24,** spacenk.com; NARS Dual Intensity Blush in Craving, **$45,** narscosmetics.com

ON MODEL: EARRINGS, FOREVER 21; NECKLACE, AMERICAN EAGLE OUTFITTERS. RUNWAY PHOTO: IMAXTREE


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Rachel, 20

7 days of hair

These fresh styles will score you "That looks so pretty!" compliments all season long.

by Jillian Ruffo



monday

BEST BUDS

Jump-start the week with this flowery do. Spritz on dry shampoo for texture, and make a low, loose bun. Then pin in mini flowers to form a crown.

Redken Pillow Proof Blow Dry Two Day Extender, **$18**, redken.com

tuesday



TEXTURE TWIST

Get out the door stat by quickly amping up yesterday's texture. Mist salt spray all over, and then twist the front sections back and pin.

John Frieda Beach Blonde Sea Waves Sea Salt Spray, **$10**, Target stores



wednesday



BADASS BRAID

A French faux-hawk will nix a midweek rut. Just French-braid your hair, flip the tail up, and pin it at the crown. Lock it in with hairspray.

R+Co Outer Space Travel Size Flexible Hairspray, **$17**, randco.com



thursday



SLEEK 'N' CHIC

Play it smooth—it's almost the weekend! Blow-dry hair with a round brush, twisting it away from your face. Then smooth shine cream over strands.

Shu Uemura Art of Hair Touch of Gloss, **$38**, shuuemuraartofhair-usa.com



friday



REBEL PONY

To look edgy-cool at your BFF's party, dab pomade onto your fingers for grip and cornrow a two-inch section of hair on one side. Pull it and the rest of your hair into a pony.

Göt2b Chaotic Fiber Gum, **$6**, drugstores



saturday



GLAM-GIRL WAVES

Pump up the drama and apply mousse to hair before blow-drying. Then create a deep side part, and curl large sections from your ears down with a curling iron.

Bumble and Bumble Thickening Full Form Mousse, **$30**, bumbleandbumble.com



sunday



FUN BUN

Score effortless hair for your movie marathon with the girls. Apply straightening balm to your ends and pull hair halfway through a low pony, leaving a loose bun.

L'Oréal Paris Advanced Haircare Smooth Intense Ultimate Straight Straight Perfecting Balm, **$7**, drugstores



REAL-GIRL PHOTOS: LAUREN PERLSTEIN/STUDIO D. FASHION EDITOR: AEYUNG KIM. HAIR: CASEY GEREN FOR ORIBE/ABTP.COM. MAKEUP: JAMIE DORMAN FOR DIORSKIN. ON RACHEL: (MONDAY) TOP, LULU'S; NECKLACE, ELECTRIC PICKS; EARRINGS, FOREVER 21; (TUESDAY) TOP, COOPER + ELLA; NECKLACE, LULU'S; (WEDNESDAY) TOP, KIND OF; EARRINGS, STERLING FOREVER; (THURSDAY) TOP, 2020AVE; EARRINGS, MOONROX; (FRIDAY) TANK, OBEY CLOTHING; EARRINGS, HONEY ROSE & K.; (SATURDAY) TANK, JUICY COUTURE AT KOHL'S; NECKLACE, STYLIST'S OWN; EARRINGS, GORJANA; (SUNDAY) TANK, VANS; EARRINGS, ANNACHICH; NECKLACE, LULU'S. STILL LIFES: J MUCKLE/STUDIO D.

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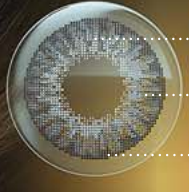
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Reference: 1. Alcon data on file, 2012.

Ask your eye care professional for complete wear, care and safety information.

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#AIROPTIXCOLORS

Rx only

If zits are popping up in these spots, you've got hormonal acne. Chin up, girl, we've got the fix!

stop monthly breakouts NOW

Are your hormones and your skin going crazy? Ugh, we feel you. Here's how to say peace out to your pimples. *by Jillian Ruffo*

Get to Know Your Skin Cycle

ONE WEEK BEFORE

Your skin is majorly PMS-ing thanks to your estrogen levels dipping and progesterone (a hormone that amps up oil production) taking over, says Whitney Bowe, M.D., an NYC derm.

What to do: De-gunk and de-grease pores with a salicylic acid toner pad. If you feel a pimple brewing beneath the surface, slather on a clay mask—it sucks out grime from inside the skin, preventing a breakout.



THE WEEK OF

The zits creeping up on your chin and jaw? They're the result of last week's pore-clogging progesterone surge.

What to do: Double up your cleansing game: Remove makeup with a wipe and then suds up with a benzoyl peroxide face wash (which kills germs and reduces inflammation), says NYC dermatologist Doris Day, M.D. Next, use an oil-free moisturizer to prevent overdrying.



THE WEEK AFTER

After a bumpy ride (literally!), your estrogen and progesterone hormone levels have gone back to normal—and so will your skin.

What to do: For a stubborn cystic zit (these can last up to 10 days!), dab cortisone on the spot (only once or twice total—too much can backfire), says Dr. Bowe. And PS, now's not the time to slack. Sticking to a skin care routine, even when you're acne-free, will help prevent pimples next month.

So You're Breaking Out...

DON'T: Pick

It actually pushes bacteria deeper into your skin, making blemishes last longer.

DO: Soothe Your Skin

Soak cucumber slices (a natural astringent) in a cold pot of white tea (its caffeine reduces redness) and honey (it has antibacterial properties), and put them on pimples for five minutes.

DON'T: Freak Out

When you're stressed, cortisol (the stress hormone) levels spike, causing more zits.

DO: Relax

Schedule some "me time." Get lost in your favorite Insta feed, listen to music, run—whatever takes you to your happy place.

DON'T: Binge on Sugar

It's hard to fight those cookie cravings right now, but studies show that ditching refined sugars can help prevent breakouts.

DO: Treat Yo'self

Really need sweets? Try a 70 percent cacao dark chocolate bar—it's rich in acne-fighting antioxidants.

Cover-Up Tricks

1 SET A BASE
It's hard to get concealer to look good (and stay) on a flaky, inflamed zit. Our solution: Dab eyeshadow primer on it to create a velvety surface and then apply makeup on top; it should last all day.

2 TREAT AND CONCEAL
Put a cover-up infused with salicylic acid on the spot; then tap with your finger to blend.

3 DIVERT ATTENTION
Draw eyes away from a chin breakout by amping up your lids with a colored liner (pastels are hot now) and two coats of mascara.

HOW THE PILL AFFECTS YOUR SKIN

Some kinds, known as *mini pills,* contain only progesterone and can cause breakouts in acne-prone skin. Others, called *combination pills,* include equal parts estrogen and progesterone and are proven to improve acne. Consult your doctor for what's right for you.

MAIN PHOTO: TERRY DOYLE. STILLLIFES: ISTACK OF TONER PADS AND FOUNDATION SWIRL) J MUCKLE/STUDIO D; (MAKEUP-REMOVER WIPES) CHRIS ECKERT/STUDIO D; (FACEWASH SWIRL) DAVID TURNER/STUDIO D; (CUCUMBERS) FUSE/GETTY IMAGES; (HEADPHONES) JESUS AYALA/STUDIO D; (CHOCOLATE) IAN O'LEARY/GETTY IMAGES.

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Olay fresh effects

FRESH &



Spring has sprung, so break away from the books and enjoy some well-deserved R&R with your besties! Whether you're beach-bound (HELLLLO sunshine!) or having a staycation (think game nights and scavenger hunts!), **Olay Fresh Effects** and I want you to look fresh & fashionable for wherever Spring Break takes you. These flirty **#OOTD** & **#OOTN** finds, paired with **Olay Fresh Effects** cleansers, hydrators and perfectors, are just the right combo to have you Spring Breakin' in style.

xoxo, Kelsey

{#OOTD: POOL PARTY}

Nothing says "see ya, midterms!" quite like a Spring Break pool party. Take your mindset from "library" to "luau" with an adorable #OOTD. A retro-inspired one-piece in a bright hue paired with a printed mini = pool party perfection. Don't forget your fave sunnies!



SUN BLOCK PARTY

Before a day of outdoor play, block those harmful rays with **Olay Fresh Effects {Soak Up The Sun Protection!} Lightweight Moisturizing Sunscreen**. The hydrating 24-hour formula keeps your face protected as you celebrate spring!





GLOW GETTER

Ditch the dirt, oil and last night's makeup with these pre-moistened cloths packed with exfoliating power! **Olay Fresh Effects {See Spot Swipe!™} Oil-Reducing Wet Cloths** have Textured Exfoli-dots™ technology to clean deep for bright, glowing skin.

Follow @**FRESHEFFECTS** on Instagram and check out more Spring Break beauty and fashion tips from **Seventeen Style Pro Kelsey**

FASHIONABLE for Spring Break

{#OOTN: BEACH BONFIRE}

No Spring Break is complete until you grab your besties and head down to the beach for a bonfire. Stay toasty and trendy with an open front cardigan belted over a breezy romper. A statement necklace completes the look and gives it a touch of edge. Your glowy skin and flirty ensemble will be sure-fire hit (and might just spark a flame with your crush)!





BRIGHT-EYED BEAUTY

When Spring Break fun takes over your social calendar, sleep can be a luxury! Roll on & refresh with **Olay Fresh Effects {Bright On Schedule!} Eye Awakening Cream** to avoid puffiness and dark circles for that well-rested look—without the beauty sleep.

BREAKOUT FAKEOUT

Before the bonfire festivities heat up, give acne the cold shoulder with **{1-2-3!} Acne Solution System**. This 3 step regimen kit helps fight acne for clear, beautiful skin. **{Acne Hater Deep Scrub!™}** and **{Spot Zinger!™}** treat blackheads and blemishes, while **{Swirled Mattifier!}** reduces the look of redness and shine.



Show us your Spring Break style for the chance to WIN A FAB VACAY!

Snap a photo rocking your ultimate Spring Break #OOTD or #OOTN. Then, show us by following @seventeenmag and @FRESHEFFECTS, uploading your pic to Instagram, and tagging it with **#FreshEffectsx17Contest**.

One winner will receive a 3-night vacation for 2 to a domestic location of the winner's choice, a $500 shopping spree to stock up on tons of new #OOTD and #OOTN looks, and Olay Fresh Effects products.

No purchase necessary to enter or win. Olay Fresh Effects Instagram Contest. This contest is in no way sponsored, endorsed or administered by, or otherwise associated with Instagram or Facebook and you are providing your information to Sponsor and not to Instagram or Facebook. Sponsored by Hearst Communications, Inc. Two ways to enter 2/10/15 at 12:01 AM (ET)-3/23/15 at 11:59 PM (ET): (i) Entrant must follow Sponsors' Instagram feeds at @seventeenmag and @FRESHEFFECTS and follow the online instructions to upload a picture of your ultimate Spring Break "Outfit of the Day" or "Outfit of the Night" and tag the photo with hashtag #FreshEffectsx17Contest to the Instagram Feed; or: (ii) go to seventeen.com/olay and submit the entry form pursuant to instructions. If you do not have an Instagram account, you can sign up for one for free either at the App Store or at www.instagram.com. Open to legal residents of the 48 contiguous United States (excluding Hawaii and Alaska), and DC, between 13-24 years old, and whose Instagram setting is public. Void in Puerto Rico and where prohibited by law. Contest subject to complete official rules available at seventeen.com/olay.

There is a promotional agreement in place between Seventeen & Olay Fresh Effects.

products, PRIZES and more!

Share your opinion with Seventeen for the chance to win amazing prizes and even be the first to try hot new products.



seventeen A-LIST

To join, log on to seventeenalist.com

NEED A SKIN PICK-ME-UP, PRONTO?

Try Olay cleansers from the Fresh Effects Collection – invigorating must-haves for **fresh-faced, radiant skin** from the world's #1.*



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Your best beautiful begins at Olay.com

*Based on mass-market facial moisturizer and cleanser dollar sales for past 12 months ending June 2014.

OLAY fresh effects

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NEW COLLECTION

1 DEEP CLEANSE
2 SPOT TREAT
3 REDUCE THE LOOK OF REDNESS & SHINE

Interactive magazine

UNLOCK THE SECRET TO CLEAR SKIN:
Download Blippar and scan the Fresh Effects logo!

"I'LL NEVER LET A BREAKOUT STEAL THE SHOW—THAT'S MY JOB."

Reduces the look of acne better and faster than Proactiv.®*



Introducing Olay Clear Skin from the Fresh Effects collection. Our {1, 2, 3!} Acne Solution System gives you **clear, beautiful skin** you'll want to show off.

OLAY fresh effects

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*Visual assessment on 29 women by expert graders at 15 minutes compared to Proactiv Solution Renewing Cleanser, Revitalizing Toner, and Repairing Treatment System. You can expect results up to those shown in the pictures when using Olay Fresh Effects Clear Skin {1,2,3!} Acne Solution System. Images digitally simulated to reflect results achieved in product testing. Proactiv® is a registered trademark of Guthy-Renker LLC.

EVERYTHING YOU NEED TO SURVIVE...

spring break

by Jillian Ruffo



1. SHEER GENIUS

Forget about annoying streaks. This clear (!) SPF blends in instantly on every skin tone.

L'Oréal Paris Advanced Suncare Invisible Protect Clear Cool Lotion SPF 50+, **$11,** drugstores

2. SMOOTH MOVE

Stash this mini razor in your beach bag in case of an embarrassing hair-mergency.

Gillette Venus Snap With Embrace Razor, **$10,** drugstores

3. SUN KISS

A guava-pink pout gives you instant island-girl cred.

Chanel Rouge Coco in Olga, **$36,** chanel.com

4. MAKING WAVES

Rock just-left-the-beach hair (minus the sand) with this cult-fave salt spray.

Bumble and Bumble Surf Spray Travel Size, **$15,** bumbleandbumble.com

5. SCUBA DO

Play volleyball, go for a swim—no matter what the sport, this neoprene hair tie stays put.

Emi Jay Flexx Hair Ties, **$7.50** for three, emi-jay.com

6. GILT-Y PLEASURE

Before you show off your dance moves—and great legs—all night, mist on this citrus-scented, shimmer-flecked dry oil.

Michael Kors Bath and Body Liquid Shimmer Dry Oil Spray, **$60,** macys.com

7. GLOW PRO

This bronzer and highlighter duo will keep you looking mega-hot long after the sun goes down.

Make Up For Ever Pro Sculpting Duo #2, **$39,** Sephora stores

8. GOLDEN EYE

Bling out your lids with this pair of gilded cream shadows.

Revlon Photoready Eye Art Lid + Line + Lash in Twilight Twinkle, **$9,** drugstores

9. SPLASH OUT

Thanks to this waterproof mascara, you'll never have to choose between lush lashes and the lazy river ever again.

Rimmel London Wonder'Lash Mascara with Argan Oil, **$8,** drugstores

PHOTO: JON PATERSON/STUDIO D.


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Katy blooms in Full Lash Bloom in Very Black.

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IT'S A SPRING



MEET SAMANTHA, 18,
the winner of Seventeen's "Be the Next Beauty Smartie" Contest! Our newest Smartie is here with two on-trend makeup looks—just in time for spring!

DOE-EYED GIRL

HEAD INTO SPRING WITH THIS EVERYDAY BEAUTY LOOK



Coat top and bottom lashes with **COVERGIRL Full Lash Bloom by LashBlast™ Mascara**, leaving exceptionally full—never stiff or spiky—lashes.





Sweep **COVERGIRL Premium Eyeshadow Quad Va Va Violets shade #2** across lid. Line upper lashes with **COVERGIRL Perfect Point Plus Eyeliner** in **Charcoal** and extend to bottom lash line, from outer corner to iris. Apply **shade #4** over liner and blend up. To illuminate the eye, dust **shade #1** over inner corner.

Blend **COVERGIRL TRUblend Liquid Makeup** into skin for natural, seamless looking skin that feels lightweight for the warmer weather.

Finish with **COVERGIRL Colorlicious Lip Gloss** in **Whipped Berry** for a bright pink pout that leaves lips conditioned and moisturized.



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AWAKENING

WITH COVERGIRL©

PLUM PERFECT POUT

LET SAMANTHA SHOW YOU HOW TO ROCK SPRING'S HOTTEST COLOR



Apply **COVERGIRL Premium Eyeshadow Quad Breathtaking Blues shade #2.** Start at upper lash line and blend shadow up and around entire eye and under bottom lash line. Use **shade #1** at inner corner. Apply **COVERGIRL Perfect Point Plus Eyeliner** in **Black Onyx** inside upper lash line.



Apply **COVERGIRL Full Lash Bloom by LashBlast™ Mascara** to top and bottom lashes. The petal-shaped brush aligns, combs and evenly coats every lash for full, separated volume.





Blend **COVERGIRL TRUblend Liquid Makeup** into skin. The water-based formula allows the foundation to move and blend with skin for a soft, natural finish.

Apply **COVERGIRL Colorlicious Lip Gloss** in **Plumlicious** for a glamorous, bold lip for spring that feels totally weightless with a rich-saturated color payoff.

Get the looks and how-to's at **seventeen.com/covergirl**

COVERGIRL provided Samantha with complimentary products to try.


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i ♥ my brows!

Kiernan Shipka, the 15-year-old *Mad Men* star, shares her advice for A+ arches.

DON'T FIGHT NATURE

"Different brows work for different people. My naturally thick ones feel right on me. It's really important to embrace your natural shape, whether they're thin or thick, and not try to change them."

PUT DOWN THE TWEEZERS

"I don't let anyone touch my brows—I just pluck a few strays here or there. I'm scared of having an overtweezing nightmare!"

AMP THEM UP

"Day to day, I just brush my brows so they don't get too wonky. But for events, I fill them in with a pencil and comb brow gel through them to keep hairs in place."



KIERNAN'S GO-TOS: Diorshow Brow Styler in Universal Brown #001, **$29,** dior.com; Tarte Colored Clay Tinted Brow Gel in Medium Brown, **$21,** tartecosmetics.com



TUNE IN!

Watch Kiernan in the final season of* Mad Men *on AMC starting Sunday, April 5.

SHIPKA: JIRO SCHNEIDER. STILL LIFES: (TARTE BROW GEL) JESUS AYALA/STUDIO D; (DIOR BROW STYLER) J MUCKLE/STUDIO D.

the new nail art

Get your nails on fleek with one of the five biggest mani trends of the moment. *by Marta Topran*


REBECCA MINKOFF


Sally Hansen Miracle Gel in Pink Cadillacquer, **$10,** drugstores

Essie Nail Polish in Mint Candy Apple, **$8.50,** essie.com

Smith & Cult Nailed Lacquer in Fauntleroy, **$18,** smithandcult.com

OPI Nail Lacquer in That's Hula-rious, **$9.50,** ulta.com

1. PUNKY PASTELS

Candy-colored shades shed their sweet-girl rep when worn in this season's badass new ways.


CHARLOTTE RONSON


JEREMY SCOTT

PRO TRICK For a watercolor effect (left), wipe off your polish brush and then streak it across your nail in different directions. Layer with other hues, or go solo, says NYC nail artist Miss Pop. To rock a moon shape (above), move your nail as you paint, not the brush. It's easier to control.

STILL LIFES: J. MUCKLE/STUDIO D. RUNWAY PHOTOS: (REBECCA MINKOFF) IMAXTREE; (ALL OTHERS) COURTESY OF COMPANIES.



Forget home remedies and over-the-counter acne solutions that haven't worked for you. Team up with your doctor and start fighting breakouts with Epiduo (*adapalene and benzoyl peroxide*) Gel 0.1%/2.5%. Why? It's a once-a-day gel that treats the pimples you have and helps prevent new ones from forming with 2 antibiotic-free medicines that work together. That's the duo in Epiduo.

GO TO EPIDUO.COM TODAY TO FIND OUT HOW YOU COULD SAVE ON EPIDUO GEL.*

IMPORTANT SAFETY INFORMATION: Indication: EPIDUO® Gel is indicated for the topical treatment of acne vulgaris in patients 9 years of age and older. **Adverse Events:** In controlled clinical studies, the most commonly reported adverse events (≥1%) in patients treated with EPIDUO® Gel were dry skin, contact dermatitis, application site burning, application site irritation and skin irritation. **Warnings/ Precautions:** Patients taking EPIDUO® Gel should avoid exposure to sunlight and sunlamps and wear sunscreen when sun exposure cannot be avoided. Erythema, scaling, dryness, stinging/burning, irritant and allergic contact dermatitis may occur with use of EPIDUO® Gel and may necessitate discontinuation.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see Brief Summary of Prescribing Information on next page.

*For most insured patients. Restrictions apply. See Epiduo.com/rebate for details. Not valid for prescriptions reimbursed under Federal/State programs. Uninsured patients please go to Epiduo.com/rebate for more information.



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IMPORTANT INFORMATION ABOUT

EPIDUO® GEL

(adapalene and benzoyl peroxide) Gel, 0.1% / 2.5%

BRIEF SUMMARY

This summary contains important information about EPIDUO (EP-E-Do-Oh) gel. It is not meant to take the place of your doctor's instructions. Read this information carefully before you start using EPIDUO gel. Ask your doctor or pharmacist if you do not understand any of this information or if you want to know more about EPIDUO gel. For full Prescribing Information and Patient Information please see the package insert.

WHAT IS EPIDUO GEL?
EPIDUO gel is a prescription medicine for skin use only (topical) used to treat acne vulgaris in people 9 years of age or older. Acne vulgaris is a condition in which the skin has blackheads, whiteheads, and pimples.

WHO IS EPIDUO GEL FOR?
EPIDUO gel is for use in people 9 years of age and older. It is not known if EPIDUO gel is safe and effective for children younger than 9 years old.

Do not use EPIDUO gel for a condition for which it was not prescribed. Do not give EPIDUO gel to other people, even if they have the same symptoms you have. It may harm them.

WHAT SHOULD I TELL MY DOCTOR BEFORE USING EPIDUO GEL?
Before you use EPIDUO gel, tell your doctor if you:
- have other skin problems, including cuts or sunburn.
- have any other medical conditions.
- are pregnant or planning to become pregnant. It is not known if EPIDUO gel can harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if EPIDUO gel passes into your breast milk and if it can harm your baby. Talk to your doctor about the best way to feed your baby if you use EPIDUO gel.

Tell your doctor about all of the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements.
- Especially tell your doctor if you use any other medicine for acne. Using EPIDUO gel with topical medicines that contain sulfur, resorcinol or salicylic acid may cause skin irritation.
- Know the medicines you take. Keep a list of them to show your doctor and pharmacist when you get a new medicine.

WHAT SHOULD I AVOID WHILE USING EPIDUO GEL?
- You should avoid spending time in sunlight or artificial sunlight, such as tanning beds or sunlamps. EPIDUO gel can make your skin sensitive to sun and the light from tanning beds and sunlamps. You should wear sunscreen and wear a hat and clothes that cover the areas treated with EPIDUO gel if you have to be in the sunlight.
- You should avoid weather extremes such as wind and cold as this may cause irritation to your skin.
- You should avoid applying EPIDUO gel to cuts, abrasions and sunburned skin.
- You should avoid skin products that may dry or irritate your skin such as harsh soaps, astringents, cosmetics that have strong skin drying effects and products containing high levels of alcohol.
- You should avoid the use of "waxing" as a hair removal method on skin treated with EPIDUO gel.
- EPIDUO gel may bleach your clothes or hair. Allow EPIDUO gel to dry completely before dressing to prevent bleaching of your clothes.

WHAT ARE THE MOST COMMON SIDE EFFECTS OF EPIDUO GEL?
The most commonly reported side effects when using EPIDUO gel include erythema, scaling, dryness, application site irritation, stinging and burning.

Depending upon the severity of these side effects, patients should be instructed to use a moisturizer, reduce the frequency of the application of EPIDUO gel, or discontinue use.

Tell your doctor right away if these side effects continue for longer than 4 weeks or get worse, you may have to stop using EPIDUO gel. Tell your doctor if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of EPIDUO gel. For more information, ask your doctor or pharmacist.

You are encouraged to report negative side effects of prescription drugs to the FDA at *www.fda.gov/medwatch* or call 1-800-FDA-1088. You may also contact GALDERMA LABORATORIES, L.P. AT 1-866-735-4137.

HOW SHOULD I USE EPIDUO GEL?
- Use EPIDUO gel exactly as your doctor tells you to use it. EPIDUO gel is for skin use only. Do not use EPIDUO gel in or on your mouth, eyes, or vagina.
- Apply EPIDUO gel 1 time a day.
- Do not use more EPIDUO gel than you need to cover the treatment area. Using too much EPIDUO gel or using it more than 1 time a day may increase your chance of skin irritation.

APPLYING EPIDUO GEL:
- Wash the area where the gel will be applied with a mild cleanser and pat dry.
- EPIDUO gel comes in a tube and a pump. If you have been prescribed the:
 - Tube: Squeeze a small amount (about the size of a pea) of EPIDUO gel onto your fingertips and spread a thin layer over the affected area.
 - Pump: Depress the pump to dispense a small amount (about the size of a pea) of EPIDUO gel and spread a thin layer over the affected area.

WHERE SHOULD I GO FOR MORE INFORMATION ABOUT EPIDUO GEL?

- Talk to your doctor or pharmacist
- Go to **www.epiduo.com** or call **1-866-735-4137**

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Revised: February 2013

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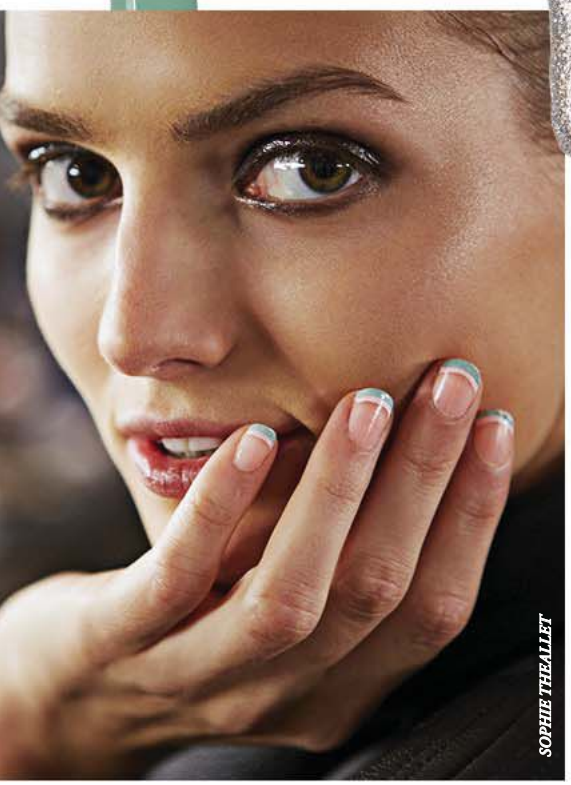
Essie Nail Polish in Turquoise & Caicos, **$8.50,** essie.com

CoverGirl Outlast Stay Brilliant Nail Gloss in Snow Storm, **$5.50,** drugstores

Nails Inc Crushed Diamonds in Winter Mews, **$15,** sephora.com

2. COLORFUL TIPS

Two-toned tips over a clear base equals a très chic new take on a classic style.


SOPHIE THEALLET


CLOVER CANYON


CREATURES OF COMFORT

PRO TRICK
To create a cutout, simply dip a nail-art brush in polish remover and swipe it over the nail while the polish is still wet.

Butter London Colour Hardware Nail Art Tool Kit, **$30,** ULTA stores


ALON LIVNE

PRO TRICK The curved end of a Band-Aid makes a great stencil for a French. Stick it on below your nail tip, then paint the tip. When polish is dry, peel off the Band-Aid, says celeb manicurist Julie Kandalec.


CREATURES OF COMFORT

NYC New York Color In a New York Color Minute Quick Dry Nail Polish in Fashion Safari, **$2,** drugstores

3. COOL CUTOUTS

Negative space accents (aka slits of exposed naked nail) are a fun way to flash some skin.

Zoya Nail Polish in Penny, **$9,** zoya.com



RUNWAY PHOTOS: (ALON LIVNE) NOMI ELLENSON/GETTY IMAGES FOR MERCEDES-BENZ FASHION WEEK; (ALL OTHERS) COURTESY OF COMPANIES.

4. METALLIC FLASHES

The days of over-the-top bling are over. Now, it's cooler to add a touch of subtle sparkle.


PRABAL GURUNG


CUSHNIE ET OCHS


BIBHU MOHAPATRA

PRO TRICK For abstract lines (like those at Prabal Gurung and Wes Gordon) use a striping brush; for more precise ones (like at Bibhu Mohapatra), try a pen, says nail guru Jin Soon.


Sally Hansen I Heart Nail Art Pen in White, **$6,** drugstores


WES GORDON



Orly Instant Artist Lacquer in Crisp White, **$6.50,** orlybeauty.com

5. WHITE STRIPES

Minimalist doesn't have to mean boring. The proof: these edgy ivory lines.


NARS Nail Polish in Milos, **$20,** narscosmetics.com

PRO TRICK If you're leaving part of your natural nail exposed (like below), try a matte top coat—it brings out your nails' natural pink tones without dulling any sparkle, says Miss Pop.


DION LEE

L'Oréal Paris Colour Riche Nail in Charmed I'm Sure, **$6,** lorealparisusa.com


ZIMMERMANN

Londontown Lakur in Dishy Splendour, **$16,** londontownusa.com

RUNWAY PHOTOS: (CUSHNIE AND OCHS AND BIBHU MOHAPATRA) IMAXTREE; (ALL OTHERS) COURTESY OF COMPANIES.


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Stand out in a sea of beachgoers with a two-piece that channels your personality.



FUN

BOHO



TRIBAL FRINGE Top, **$58,** and bottoms, **$48,** Lucky Brand, everythingbutwater.com



PREPPY



NAUTICAL STRIPES Top, **$65,** and bottoms, **$53,** Nautica, nautica.com



SPORTY



BOLD ZIPPER Top, **$50,** and bottoms, **$40,** Kate Spade Saturday, saturday.com



SWEET



HIGH-WAISTED LACE Top, **$40,** and bottoms, **$45,** Billabong, Billabong stores and billabong.com



STILL LIFES: JESUS AYALA/STUDIO D. STILL LIFES STYLIST: JUDITH TREZZA FOR R.J. BENNETT REPRESENTS. RUNWAY PHOTOS: FRAZER HARRISON/GETTY IMAGES FOR WILDFOX SWIM.



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Target, select Target stores and target.com

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$10
ROUND PRINTED
Urbanog, urbanog.com

$13
BLUE AVIATORS
H&M, hm.com

perfect hair for your party

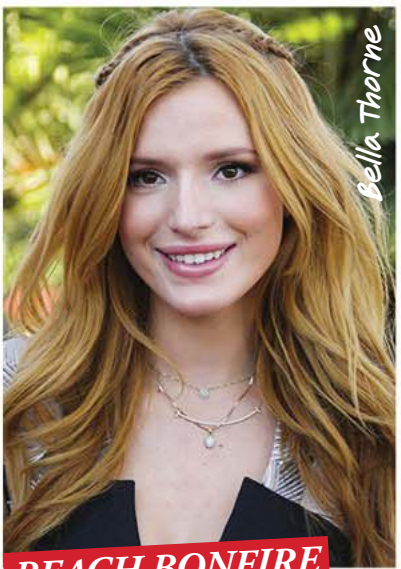
Don't waste precious vacay time in front of a mirror. Try these easy, instant styles.



Nina Dobrev

SUNSET CRUISE

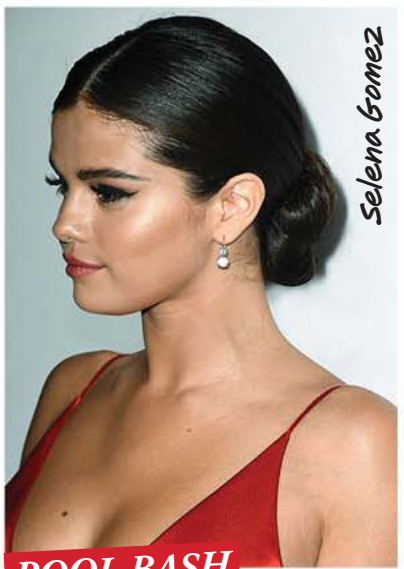
Get nautical with a rope pony. Pull hair to one side, divide into two sections, and twist them around each other.



Bella Thorne

BEACH BONFIRE

Add a little boho to your beachy waves by braiding small sections on each side of your part. Pin them in the back.



Selena Gomez

POOL BASH

A slicked look is totally water-friendly. Simply part hair in the middle, pull it back, and wrap tightly into a low bun.

STILL LIFES: JESUS AYALA/STUDIO D. STILL LIFES STYLIST: JUDITH TREZZA FOR R.J. BENNETT REPRESENTS. DOBREV: STEVE GRANITZ/WIREIMAGE. THORNE: PAUL ARCHULETA/GC IMAGES. GOMEZ: STEVE GRANITZ/WIREIMAGE.

melt-proof makeup

for your skin tone

Behold! Beat-the-heat beauty finds for a look you won't sweat.

FAIR

Pair complexion-flattering peachy nudes on lips and cheeks with a fun teal shadow. You'll get a summery dose of color without going overboard.



EYES
L'Oréal Paris Infallible Eye Shadow in Endless Sea, **$8,** drugstores

LIPS
NYX Cosmetics Retractable Lip Liner in Citrus, **$5,** nyxcosmetics.com

CHEEKS
Cargo Cosmetics Swimmables Water Resistant Blush in Los Cabos, **$26,** ulta.com

MEDIUM

Accent eyes with a beachy blue liner, and bring out your skin's warm tones with a rosy pout and flushed pink cheeks.



EYES
Stila Cosmetics Smudge Stick Waterproof Eye Liner in Cobalt, **$20,** stilacosmetics.com

LIPS
Rimmel London Provocalips in I'll Call You, **$7,** drugstores

CHEEKS
Benefit Posietint, **$30,** benefitcosmetics.com

TAN

When paired with an allover bronzy glow, eye-catching watermelon lipstick will make you the center of attention.



EYES
Maybelline New York Eye Studio Color Tattoo 24HR Cream Gel Shadow in Bad to the Bronze, **$8,** drugstores

LIPS
Essence Cosmetics Long Lasting Lipstick in Blush My Lips, **$3,** ulta.com

CHEEKS
Tarte Amazonian Clay Waterproof Bronzer, **$30,** sephora.com

DEEP

Get inspired by bright tropical hues and amp up your lids and lips with orchid-purple shades. Then make skin pop with a tangerine blush.



EYES
Avon Extra Lasting Eyeshadow Pencil in Violet, **$8.50,** avon.com

LIPS
Revlon Colorstay Ultimate Suede Lipstick in Supermodel, **$10,** drugstores

CHEEKS
Make Up For Ever HD Blush #515, **$26,** sephora.com

STILL LIFES: J MUCKLE/STUDIO D.


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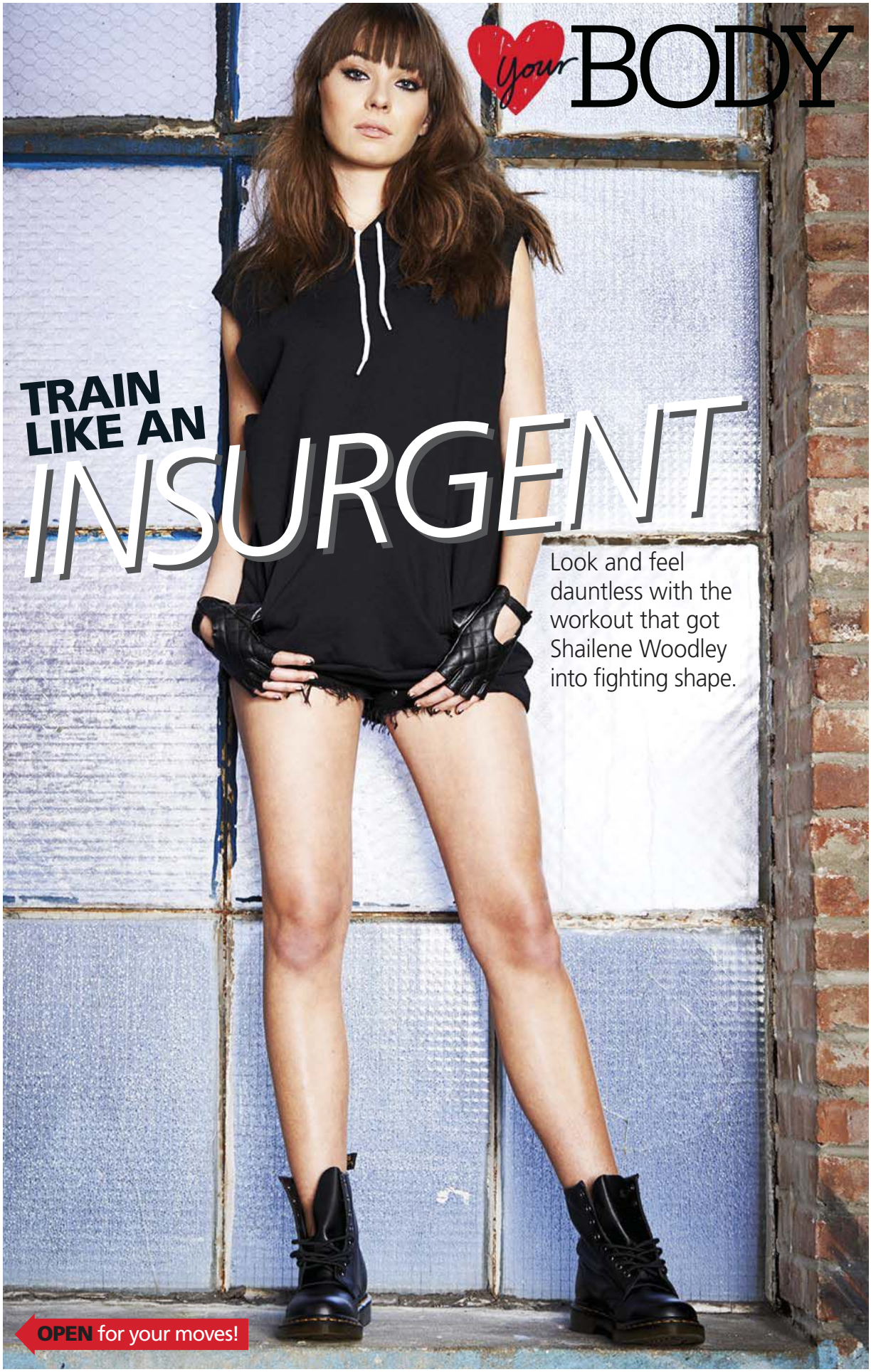


PHOTO: FERNANDO MILANI; FASHION EDITOR: AEYUNG KIM. HAIR: MIOK FOR WELLA PROFESSIONALS/JUDY CASEY, INC. MAKEUP: LUJHA STEWART, DIRECTOR OF ARTISTRY AND EDUCATION FOR MAKE UP FOR EVER. MANICURE: MISS POP FOR CHANEL LE VERNIS. ON MODEL: HOODIE, AMERICAN APPAREL; SHORTS, VANS; GLOVES, FOREVER 21; BOOTS, DR. MARTENS.

5 FEARLESS FI

A strong physique that can scale Ferris wheels and look great in leather? Yes, please! *Insurgent*'s on-set trainer shows you how to transform into Tris—in less than three minutes.



YOUR PERSONAL TRAINER: **Darrin Prescott**

The L.A.–based stunt coordinator whipped Shailene Woodley into shape for *Insurgent*'s intense action scenes. See the movie in theaters on March 20!



INITIATION JUMPS

work your legs

a Place a balance ball* on the ground in front of you with its dome side up. Stand with your legs shoulder-width apart, and bend into a squat.

b Power off the ground as high as you can, landing with both feet on the ball. Jump back off and repeat the sequence for 30 seconds.

***17 FYI** **A half-dome balance ball helps you tone every muscle in your body. If your school's gym doesn't have one, try these moves at home with a couch cushion on a nonslip surface.**

KNEE JABS

streamline your sides

a Flip the ball over so the dome side rests on the ground. Start in plank position with your hands on either side of the plate. Bend your left knee to meet your right arm and then return it to the starting position.

b Bend your right knee up toward your left arm and then return to starting position. Repeat on both sides for 30 seconds.



(TEAR OUT HERE!)

STEP-BY-STEP PHOTOS: JOSHUA PESTKA/STUDIO D. FASHION EDITOR: AEYUNG KIM. HAIR AND MAKEUP: ERICA WHELAN FOR KEVYN AUCOIN BEAUTY. ON TIANA: VEST AND SPORTS BRA, ASICS; LEGGINGS, PLANET BLUE; SNEAKERS, NEW BALANCE.

TNESS MOVES

STRIKE KICKS

tighten your core

a Lie on the ground with the small of your back resting on the ball and your feet on the ground. Stretch your right leg up in the air, and reach your left arm up toward your toes.

b Bring your right foot back to the ground; then extend your left foot and reach your right hand toward your toes. Alternate sides for 30 seconds.



win!

One lucky reader will score a miCoach fitness watch and heart-rate monitor from Adidas. See page 99 for details.

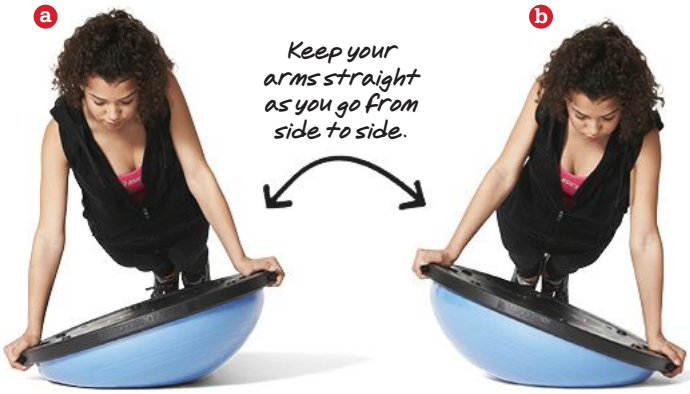


BOLD STRIDES

tone your butt

a Stand on the ball with your hands on your hips.

b Step your right leg behind you into a deep lunge. Step back onto the ball and repeat on the other side. Alternate legs for 30 seconds.



REBEL ROCKS

strengthen your arms

a Begin in plank position, gripping the edges of the flat side of the ball. Keep your weight forward, and lean your body to the right side.

b Slowly shift toward the center again and then tip your weight into your left side. Rock back and forth for 30 seconds.



KIWI-BERRY JUICE

Fight off the morning blues with this blend of mood-boosting fruit that's rich in omega-3s. Simply blend ½ cup water with a peeled kiwi, an apple, and a handful each of raspberries, blueberries, pineapple chunks, and ice cubes.



CINNAMON LATTE

Cinnamon and coffee both help keep your memory sharp, so you won't miss a single cue in the school play. Make a cup of hot brewed coffee, and add warm skim milk, ½ tsp. cinnamon, and a splash of maple syrup.

Shake ground cinnamon over a stencil to make a cute pattern. Instant star power!

WAKE UP, DRINK UP!

Start your A.M. off right with these sips—they'll give you the healthy start you need to dominate any crazy day. **by brittany burke**



PB & BANANA SMOOTHIE

Got swim practice, a student council meeting, and a quiz all before 10 A.M.? This protein-packed breakfast smoothie will fuel you through your busiest mornings. Stick a frozen banana, 5 ice cubes, 2 tsp. peanut butter, ¾ cup coconut milk, and a dash of brewed coffee in the blender.



ICED GREEN TEA

A refreshing alternative to an iced coffee that will still wake you up! Add ½ cup grapefruit juice, 1 tsp. honey, and a squeeze of lemon to a cup of hot green tea. Put the whole thing over ice, and you've got this.

STILL LIFES: PHILIP FRIEDMAN/STUDIO D. FOOD STYLIST: ED GABRIELS FOR HALLEY RESOURCES.

Sweepstakes Rules

NO PURCHASE NECESSARY TO ENTER OR WIN. Sponsored by Hearst Communications, Inc. Must be female, between the ages of 13 and 29, and a legal resident of the 50 United States, District of Columbia, or Canada. Void in Puerto Rico, Quebec Province, and where prohibited by law, unless otherwise noted. Odds of winning depend on the number of eligible entries received.

HOW TO ENTER THE MARCH FREEBIES DAILY AND GRAND PRIZE SWEEPSTAKES (page 10): **NO PURCHASE NECESSARY TO ENTER OR WIN.** This Sweepstakes is in no way sponsored, endorsed, or administered by, or otherwise associated with Apple Inc. You understand that you are providing your information to Sponsor and not to Apple Inc. There are two (2) ways to enter beginning March 1, 2015, at 12:00 A.M. ET, through March 31, 2015, at 12:00 A.M. ET, (the "Entry Period"): (i) Download the Seventeen for iPhone App, which is free, by visiting your mobile phone app store, and follow entry instructions or (ii) go to **seventeen.com/freebies**, and complete and submit the entry form pursuant to the on-screen instructions. The next day's Daily Sweepstakes begins at 12:00 A.M. ET. Winners(s) of the Sweepstakes will be posted on **seventeen.com/freebies** on or around five days after the date of the last Daily Sweepstakes. Entrants may enter each Daily Sweepstakes one time during each 24-hour time frame. Each Daily Sweepstakes is a separate drawing and must be entered separately. Multiple entries for a single Daily Sweepstakes will be disqualified. Please note that all eligible entries for each day of the Daily Sweepstakes will be aggregated and the Grand Prize Winner will be selected from all the eligible entries for this month's Daily Sweepstakes. Important Notice: You may be charged for visiting the mobile Web site in accordance with the terms of your service agreement with your carrier. The Sponsor of this Sweepstakes is Hearst Communications, Inc., 300 W. 57th Street, New York, NY 10019. Any questions, comments, or complaints regarding the Sweepstakes should be directed to the Sponsor, not Apple Inc., and Entrants agree to release Apple Inc. from any liability in connection with this Sweepstakes. Apple Inc. is not responsible for the prizes awarded to the Winner. Daily Prizes: Approximate retail values range from an approximate retail value of $10 to an approximate retail value of $420. Grand Prize: One (1) winner will receive a diamond necklace from Jared.com (approximate retail value for Grand Prize: $749). Total approximate retail value for Grand Prize: $749. Must have reached the age of 13–29 and be a legal resident of the United States, the District of Columbia, or Canada (excluding Quebec). Void in Puerto Rico and where prohibited by law. Subject to Official Rules at **seventeen.com/freebies**.

HOW TO ENTER THE MEGHAN TRAINOR NECKLACE SWEEPSTAKES (page 16): **NO PURCHASE NECESSARY TO ENTER OR WIN**. Sponsored by Hearst Communications, Inc. Beginning February 10, 2015, at 12:00 A.M. ET, through March 23, 2015, at 12:00 A.M. ET, go to **seventeen.com/freebies** on a computer or wireless device and fill out the form provided. One winner will receive an "MTRAIN" pendant necklace from Jewel of the Isle (approximate retail value: $500). Total approximate retail value: $500. Important Notice: You may be charged for visiting the mobile Web site in accordance with the terms of your service agreement with your carrier. Odds of winning will depend upon the total number of eligible entries received. Open to the legal residents of the 50 United States and the District of Columbia who have reached the age of 13–29 in their state or territory of residence at time of entry. Void in Puerto Rico and where prohibited by law. Sweepstakes subject to complete Official Rules available at **seventeen.com/freebies**.

HOW TO ENTER THE ADIDAS FIT SMART SWEEPSTAKES (page 97) **NO PURCHASE NECESSARY TO ENTER OR WIN.** Sponsored by Hearst Communications, Inc. Beginning February 12, 2015, at 12:00 A.M. ET, through March 24, 2015, at 12:00 A.M. ET, go to **seventeen.com/freebies** on a computer or wireless device and complete and submit the entry form. One (1) Winner will receive an Adidas miCoach Fit Smart watch (approximate retail value: $150). Important Notice: You may be charged for visiting the mobile Web site in accordance with the terms of your service agreement with your carrier. Odds of winning will depend upon the total number of eligible entries received. Must have reached the age of 13 years or older and be a legal resident of the 50 United States, the District of Columbia, or Canada (excluding Quebec). Void in Puerto Rico and where prohibited by law. Sweepstakes subject to complete Official Rules available at **seventeen.com/freebies**.





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DO YOU NEED A GUY VACAY?

Don't be afraid to take a break from relationships to focus on your girlfriends, grades, and goals.



1 YOU'LL HAVE MORE FUN

"I was that girl who would bounce from crush to crush, until one day I'd had enough. I told myself, 'Irma, you're done with guys for a while!' It took some time, but I started to feel much more in control of my life. I have a way better time when I am with my friends now because I'm not constantly texting a boy." –Irma, 20

2 YOU'LL DISCOVER WHAT YOU WANT

"Sophomore year of high school, I deliberately took a break from boys. It gave me the chance to move on from the guy I'd been obsessing over and think about what I really wanted in a relationship. When I finally decided to put myself out there again, I felt more confident than ever. Oh, yeah, and I ended up meeting a great guy!" –Deborah, 17

3 YOUR GRADES WILL TOTALLY THANK YOU

"Math isn't my favorite subject, so I used to put off studying to hang out with my BF. I bet you can guess how that went—F's on tests. Not fun at all. I realized he was too much of a distraction and decided I needed to focus on myself. Now I have a tutor, and I'm getting the help I need. Bring it, algebra." –Antonella, 16

MAIN PHOTO: BETH STUDENBERG/THELICENSINGPROJECT.COM; SKY: EDD WESTMACOTT/ALAMY.



HIS SNEAKIEST DATING HACKS

Five tricks that guys use to plan the most memorable date ever. (Psst! The waiter is totally in on it.)

HE PUMPS YOUR BFF FOR INFO

"When I first started dating my girlfriend, I asked her friends to give me the scoop on what kinds of dates she liked. I ended up planning a picnic with all her favorite foods. I asked them not to tell her, but even if they did, whatever—it's thoughtful!"



–TYLER, 19, PALM HARBOR, FL

HE FREAKS YOU OUT (JUST A LITTLE)

"My go-to hack is making a girl scared so she latches on to me. I swear, it's not as weird as it sounds. I'll do something with her that she wants to try but is nervous to do on her own, like riding a roller coaster. It's a great way to build a bond."



–WARREN, 20, NEW YORK, NY

HE GETS THE WAITER'S HELP

seventeen GUY PANEL!



"An hour or two before a big date, I visit the restaurant we're going to and ask the waiter to help me make a good impression. It makes me look so much more confident and personable when the staff knows me on a first-name basis."

–ADHARSH, 21, NEW YORK, NY

HE MAKES THE ROOM SNUGGLY

"One time, I turned the temperature in my house down before inviting a girl over to watch a movie. I thought if it were colder, she'd want to sit closer to me to stay warm."



–COLIN, 19, LONGMONT, CO

HE REVEALS A HIDDEN TALENT

"When I first start talking to a girl, I want to impress her, but I don't want it to seem like I'm cocky. My trick? I stash my guitar in the backseat of my car where I know she'll see it. That way she's the one who asks me to play for her. I pretend I'm nervous, but really, I love singing."



–LUCAS, 22, CLEARWATER, FL

MAIN PHOTO: CHRIS ECKERT/STUDIO D. TOMLINSON: MATT BARON/BEIMAGES. LONSDALE: INSTAGRAM. HAYNES: CHELSEA LAUREN/WIREIMAGE. JONAS: JOHN PARRA/GETTY IMAGES FOR LOGO TV. T.HWAITES: REX USA/EVERETT COLLECTION.

Decode His Snapchat

Enough overanalyzing. Get a read on the real message behind that Snap from your crush.



The "'Sup?" Selfie

His nonchalant head tilt and half smile only seem casual. He's trying to impress you. "If I really like a girl, I put in a lot of effort to look as attractive as possible," says Romel, 20. The biggest tells? Good lighting and flattering angles. No one gets those perfect on the first try.

The WTF Doodle

Is he bored? Is he hitting on you? Honestly, it's a little of both. "I send crazy drawings whenever I want to get a funny conversation going back and forth," says Tanner, 16. Clearly this Picasso has a sense of humor, so don't be scared to get silly with your response.





The Rando Response

It took you 20 takes to send a good selfie, and he replied with . . . a pic of his dog. Beware: It's a classic nice-guy move. "If a girl is flirting with me but I'm not into her like that, I reply with an off-topic Snap," says Aleksei, 18. If he's not being flirty back, nix him from your BFF list.

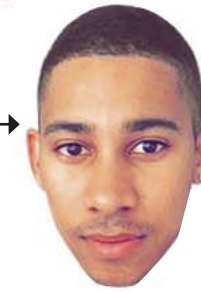
GUYBROW-METER

A celebrity spectrum that's sure to raise eyebrows.



FINE LINES

Hey, LOUIS TOMLINSON, what's the name of your aesthetician?



So dauntless, KEIYNAN LONSDALE doesn't even need an eyebrow brush.



Truth: COLTON HAYNES pioneered the ombré look way before beauty bloggers did.



Just try to take your eyes off JOE JONAS and those well-sculpted arches.



Like our love for Aussie accents, BRENTON THWAITES'S brows can't be tamed.

FULL-ON FURRY

KISS CONFIDENTIAL

One couple tests a hot new move: the Tongue Trace.

SHE SAYS

"When I was making out with my boyfriend, Dwayne, I lightly traced my tongue along his lips. It felt so playful! Just don't press too heavy or it becomes slobbery."

–RAHNI, 17

HE SAYS

"I get chills when Rahni does this trick now. We'll be kissing, and she'll pull away for a just second to surprise me. It tickles in a good way."

–DWAYNE, 19



"MY BOYFRIEND WAS *ASHAMED* OF MY BODY"



He was too insecure to openly date a plus-sized girl, so we kept our relationship a secret—and it sucked.

BY DEANNA, 18 AS TOLD TO MELANIE ABRAHAMS

For two years of high school, my world revolved around a guy who wouldn't even look at me if his friends were around. I know that sounds really bad, but as a plus-sized girl—I've been between a size 16 and a size 18—I felt lucky to have somebody to fill that boyfriend role at all.

I saw Tim* the first day of freshman year and thought he was cute—and totally out of my league. Later that week, though, I got a Facebook message from him asking for our math assignment. I didn't have it, but he called me anyway. We talked about *Call of Duty* and movies we'd seen. It was easy talking to him—like we'd known each other forever. Soon we were on the phone for hours every night and hanging out at each other's houses—but we never talked at school. I figured he liked me and just didn't want everybody knowing his business. About three months went by, and then one night before we got off the phone, he sounded kind of nervous and then blurted out, "I love you." My heart was racing—it was like time had stopped. Saying it back felt like the most natural thing in the world. It didn't matter that we hung out only in private. We loved each other, and that felt bigger than anything.

I NEVER TOLD HIM HOW HURT I WAS, BECAUSE I WAS AFRAID OF BEING REJECTED.

Those hours after school, with Tim's arm around me and my head on his chest, were everything. On days when I'd feel self-conscious about my body, he'd hold me and say, "Anyone who can't see how beautiful you are is blind." He celebrated holidays at my house and even said he loved me in front of my parents.

Still, nobody at school knew about us. I'd mentioned Tim to a few friends, and people started to wonder if we were together. That's when I first heard he was saying mean things about me—that I was fat, and we weren't even friends. He denied it, and I wanted to believe him, but he still wouldn't even acknowledge me in public. It hurt, but the thing is, when no guy has ever shown you affection, it's easy to want to cling to what you have, even if it doesn't always make you feel good about yourself.

Whenever I'd ask him to be boyfriend-girlfriend official, he'd change the subject, and he started talking a lot about this other girl and how cool she was. Looking back, I'm sure he was interested in her, but at the time, I told myself, Tim says he loves me every single night. Whatever is going on with her can't be anything serious.

Sophomore year, he agreed to be my date for the school formal. Tim was finally ready to go public! I got a new dress and spent days thinking about how I'd wear my hair. Hours before the dance, though, his mom called and said Tim had an eye infection and couldn't make it. I was crushed but asked my cousin to go to the dance with me instead. (I couldn't waste that dress!) I hoped Tim was okay—until I saw pictures of him out with friends. I don't think there was an eye infection; he'd just chickened out. When I looked back at the rumors about what he was saying behind my back, it all made sense. He was embarrassed to be seen with me. Maybe he thought his friends would judge him for dating a girl my size. I didn't know what his thinking was—I just knew I deserved better.

Telling Tim I couldn't see him anymore was hard. He got angry and said he'd never loved me anyway. It was so weird and confusing, but it helped me see the truth: I'd wasted so much time caring about someone who didn't truly care about me. I'm hoping college will be different—that there are better, more confident guys out there who will feel lucky to be seen with me and know that pretty comes in sizes other than zero. To truly love someone, you have to embrace everything about them—both inside and out. Now that I know that, I'm never going to let anyone hide me away again.

*Name has been changed.

PHOTO: HACHEPHOTOGRAPH/GETTYIMAGES. (MODEL USED FOR ILLUSTRATIVE PURPOSES ONLY.)

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PROMOTION

check it out

SWEEPSTAKES | EVENTS | PROMOTIONS

Camille La Vie and Seventeen Present the Meet Before You Exit Sweepstakes

Camille La Vie has partnered with Seventeen and the amazing pop band, Before You Exit, for a fabulous sweepstakes. Enter for a chance to win a trip for two to Orlando, FL on April 25-26, 2015, a $500 Camille La Vie gift card and a meet and greet with Before you Exit!

Check out the Camille La Vie ad in this issue and go to **seventeen.com/meetbye** to enter.



Camille LA VIE GROUP USA THE CLOTHING COMPANY

BEFORE YOU EXIT

NO PURCHASE NECESSARY TO ENTER OR WIN. Meet Before You Exit Sweepstakes. Sponsored by Hearst Communications, Inc. Beginning 2/10/15 at 12:01 AM (ET) through 3/23/15 at 11:59 PM (ET), go to seventeen.com/meetbye on a computer or wireless device and complete and submit the entry form pursuant to the on-screen instructions. One (1) Winner will receive a trip to Orlando, FL for a meet and greet with pop band, Before You Exit. (Total ARV: $3,200). Odds of winning will depend upon the total number of eligible entries received. Open to legal residents of the US and DC, between the ages of 13-24 in their state or territory of residence at time of entry. Legal residents of Canada (excluding Quebec) who have reached the aforementioned age in their province of residence at time of entry are also eligible to enter. Void in Puerto Rico and where prohibited by law. Sweepstakes subject to complete official rules available at seventeen.com/meetbye.

You Could Win the Ultimate "Polished Prom" from Dillard's and Seventeen!

Enter for a chance to win a $3,000 **Dillard's** gift card, a "Polished Prom" package and Seventeen swag bags for you and your friends! Post a picture to Instagram while trying on your favorite Prom dress at Dillard's with the caption "My entry into #DillardsProm2015 Instagram Sweepstakes" and tag @dillardsstores.

Visit **dillards.com/prom** for details and official rules.



Dillard's
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You Could Win a Trip to the Big Apple!

Whether you're uptown chic, downtown glam or a little bit of both, **NYC New York Color** has you covered! Enter the NYC New York Color "Beauty & the City" Sweepstakes for a chance to win an unforgettable trip to Manhattan. One lucky winner will enjoy a $1,000 shopping spree, visit the Seventeen offices and dine in true New York fashion!

Visit **seventeen.com/nycnewyorkcolor** to enter now.

NYC NEW YORK COLOR

ENTER THE SWEEPS

NO PURCHASE NECESSARY TO ENTER OR WIN. NYC New York Color "Beauty & the City" Sweepstakes. Sponsored by Hearst Communications, Inc. Beginning 2/10/15 at 12:01 AM (ET) through 3/23/15 at 11:59 PM (ET), go to seventeen.com/nycnewyorkcolor on a computer or wireless device and complete and submit the entry form pursuant to the on-screen instructions. One Winner and a guest will receive a three-night vacation package to New York City. (Total ARV: $5,000). Odds of winning will depend upon the total number of eligible entries received. Open to legal residents of the US and DC, between the ages of 13-24 in their state or territory of residence at time of entry. Legal residents of Canada (excluding Quebec) who have reached the aforementioned age in their province of residence at time of entry are also eligible to enter. Void in Puerto Rico and where prohibited by law. Sweepstakes subject to complete official rules available at seventeen.com/nycnewyorkcolor.

Spring COVERGIRL Looks from Seventeen's Newest Beauty Smartie!

Spring has sprung and Seventeen's newest Beauty Smartie Samantha is here to show you two of the season's hottest looks using the latest products from **COVERGIRL**. Learn how to look like a "Doe-Eyed Girl" and get a "Plum Perfect Pout" with Samantha's how-to videos at **seventeen.com/COVERGIRL**.



COVERGIRL®

COVERGIRL provided Samantha with complimentary products to try.

Tell Us What You Think!

Share your opinion with Seventeen for the chance to win amazing prizes, and even be the first to try hot new products! To join, log on to **seventeenalist.com**.

seventeen A-LIST

You'll Shine with David's Prom 2015!

Standout styles starting at $99, in sizes 0–24W!

Visit **davidsprom.com** to shop the collection, get the scoop on trends, and sign up for $10 off your dress.



DAVID'S PROM

Get Discovered by Barbizon!

Barbizon and Seventeen are teaming up to discover fresh, new faces. One lucky winner will receive a trip to NYC for a promotional photo shoot with a Seventeen Style Pro, a $500 shopping spree and the chance to appear in Seventeen magazine!

For more information on how to enter and for contest rules, log on to **seventeenbarbizoncontest.com** or call 1-888-999-9404.



Barbizon

Get Prom-Tastic!

Seventeen's Editors will help you look perfectly polished for Prom with our picks for the best dresses, shoes and jewels! Check out the "Prom-Tastic" section of this issue for the most fabulous looks, complete with beauty, accessories and gorgeous gowns from these top designers: **Angela and Alison, Blush Prom, Camille La Vie/Group USA, Envious Couture Prom by Karishma Creations, Faviana, Kasey J., La Femme, Rachel Allan, Sherri Hill, Terani** & **Xcite**!



FIND your CHILL

Feeling overwhelmed by, well, everything? Here are four easy ways to step back and breathe.



- **TAKE A QUIZ** If your to-do list is giving you the shakes, visiting your favorite sites online can help. Research shows taking occasional 10-minute time-outs to hit up BuzzFeed (hello, **'90s nostalgia quiz**!), Insta, or other sites increases focus and productivity.
- **PICK UP THE PHONE** Instead of texting all your worries to your BFF, **give her a quick call instead**. A study from the University of Wisconsin-Madison found that hearing a friend's voice can actually lower your stress levels.
- **PAINT YOUR NAILS** Sit down and give yourself a mani when you feel frazzled. The **repetitive motion** can be soothing—plus your tips will look great when you're acing that midterm.
- **SWEAT IT OUT** Fend off any freak-out by joining your mom at the gym and unloading all your **negative energy onto a punching bag**. Who's strong enough to take on any challenge? You.

PHOTO: CHRIS ECKERT/STUDIO D.



DREAM TEAM *Lorde, Selena Gomez, and Taylor Swift are stronger together than apart.*

TURN YOUR RIVAL INTO YOUR BESTIE

Taking the *enemy* out of *frenemy* isn't as tough as you might think—and the benefits are bigger than you can imagine. BY BRITTANY BURKE

Dream of being team captain? Gunning for the choir solo? Chances are, one other girl wants the same thing as you. And while it's easy to hate her, the truth is competition can be good for you. "When you have someone to push you, you subconsciously take cues from her work ethic and talent—which makes you better," says Irene Levine, Ph.D., the creator of TheFriendshipBlog.com. That could be why celebs seem to develop girl crushes on their stiffest competition: Lorde, who called Taylor Swift too "flawless" and threw shade at Selena Gomez in 2013, has gotten to know both singers better—they cheered each other on at the American Music Awards. Janel Parrish and Bethany Mota competed on *Dancing with the Stars* but became BFFs off the dance floor. And after tennis superstars Caroline Wozniacki and Serena Williams faced off in the U.S. Open finals, they hit the Bahamas together. But can you transform *your* rivalry into a supportive bond? Yes, with these girl-tested tips.

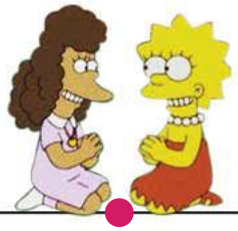
FAMOUS FRENEMIES through the years



1978
Rizzo & Sandy in *Grease*



1985
Allison & Claire in *The Breakfast Club*



1989
Janey Powell & Lisa Simpson in *The Simpsons*



1992
Kelly & Brenda in *Beverly Hills, 90210*

share the spotlight


Kasey, right, with Alli

"From eighth grade on, Alli and I competed for the lead in the school musical," says Kasey, 19, from Houston, Texas. Repeatedly vying for an honor they were both working hard for made it difficult to see each other as anything but competitors. "We were both talented, so one year she would get the lead, and the next I would get it. It always felt like if I let my guard down, she would get what I wanted." That is, until they found out that their senior-year musical, *On the Town,* had not just one but three female leads. (Phew!) "Once we realized it didn't just have to be her or me—that we could both get big parts—it completely changed our dynamic," says Kasey. The two girls soon became inseparable during daily rehearsals. "People told us they could see our chemistry onstage and that it made the show really fun to watch."

find your connection


Gabby, right, with Emma

Learning that your crush doesn't like you sucks, but finding out your crush likes someone else can make you mad . . . at the Other Girl. So when Gabby, 17, found out that the guy she liked had made out with Emma, a girl she'd known from around their Port Washington, New York, area, Gabby vowed to hate her. "And I made sure everyone, including our mutual friends, knew it," says Gabby. After that, the girls' friend groups steered clear of each other, until a few years later when they all had tickets for the same music festival. "Emma's group invited me to go with them, and naturally she was there," says Gabby. Having a whole group there took the pressure off. "We ended up talking and realized we shop at the same places and even both love punk bands like Blink-182." Since she'd had so much fun, Gabby started hanging out with Emma's friend group more and more often. "All five of us ended up on the same text group one day, and I realized that we had all officially become best friends," says Gabby. "It's sad to think that some guy kept us from getting to know each other earlier, but I'm grateful our friends brought us together."

break the ice


Vanessa, right, with Mariam

For Vanessa, 17, it wasn't enough to just be in all honors classes and getting straight A's. She also had to do better than the crazy-smart new girl, Mariam, at their Grand Rapids, Michigan, high school. "Every time she would raise her hand to answer a question, I would raise my hand. Or if we had a project or test, I would study extra hard because I felt like I had to beat her." When Vanessa and Mariam were paired together to act out scenes from *Romeo and Juliet* in their English class, though, they saw a different side of each other. "We were both so bored. One day, Mariam leaned over during a never-ending scene between the Montagues and Capulets and cracked a joke," says Vanessa. "We both busted out laughing. I'd been so busy hating her, I didn't realize she could be so funny!" They started sitting next to each other in class every day. Now they're best friends who text each other through late-night cram sessions and who hang out at Chipotle on weekends. "High school can be so overwhelming and stressful—it's easier to have someone to go through it with than to add even more stress by competing," says Vanessa.

know the difference

Sometimes the girl in question isn't a rival . . . she's a full-on mean girl. How can you tell? If a few attempts to extend the olive branch end in a big "womp-womp," accept that the two of you won't ever be co-CEOs of Friendship Inc. Better to keep your distance from her and instead let some other, friendlier competitor help you achieve the awesome things you've been aiming for.


1997
Buffy & Kendra in *Buffy the Vampire Slayer*


2000
Torrance & Isis in *Bring It On*


2002
Jess & Jules in *Bend It Like Beckham*


2007
Blair & Serena in *Gossip Girl*


2015
Ali & the Liars in *Pretty Little Liars*

MAIN PHOTO: KEVIN MAZUR/AMA2014/WIREIMAGE. *THE BREAKFAST CLUB, BUFFY THE VAMPIRE SLAYER, BRING IT ON, BEND IT LIKE BECKHAM, AND GOSSIP GIRL*: AF ARCHIVE/ALAMY. *PRETTY LITTLE LIARS*: ABC FAMILY/GETTY IMAGES.

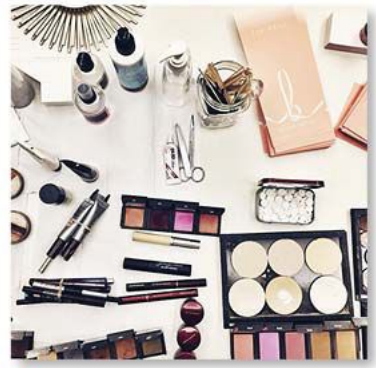
SCORE YOUR DREAM LIFE

"I HELP CELEBS LOOK *GORGEOUS*"

STEPHANIE MARON loved getting manicures and salon blowouts but wanted a place to get her makeup done too. Here's how the 25-year-old mogul created a successful beauty bar of her own.



Listen to your instincts. I was really into makeup as a girl. Then in high school, I'd do my friends' makeup for prom.



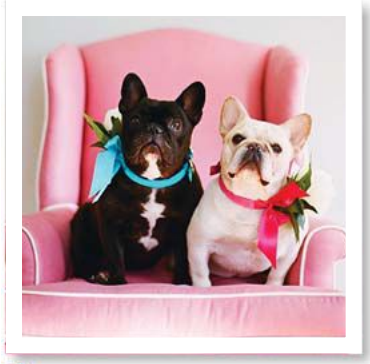
Find your niche. Makeover scenes in movies are the best, but no beauty salons in L.A. were creating that vibe for customers.



Dive in. Opening our first shop was scary, but I loved using the business skills I learned in college to create something so cool.



Team up with people you trust who have skills you don't. For me, that's my sister, Nicki, Blushington's chief marketing officer.



Have fun. From makeup artists to our canine coworkers, we work to make people smile—and come back again.



Give every customer star treatment. That philosophy has earned us a huge fan base, including celeb clients like Ashley Benson!



POWER STATS

NAME: Stephanie "Stephi" Maron

HOMETOWN: Los Angeles, CA

WHAT I DO: I'm the founder and CEO of Blushington, a chain of beauty lounges that offers everything from makeup application to waxing and lash extensions.

MAKING MY MARK: Girls used to come into Blushington only before special events. When they started booking us for everyday looks, I knew we were doing something right.

Follow *@blushington* and *@stephimaron*.

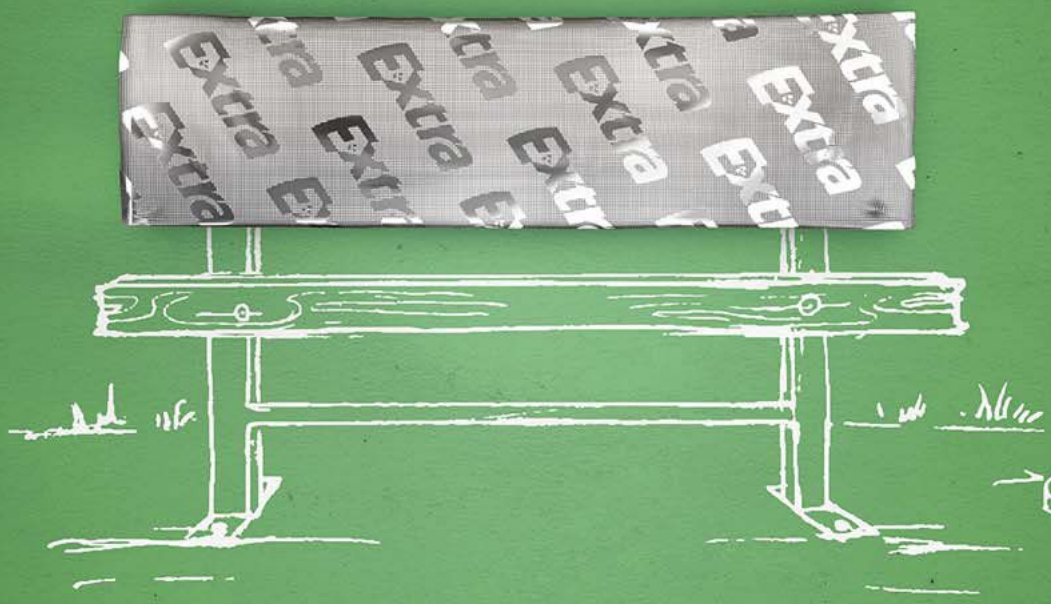
STEPHI'S SUCCESS SECRETS

1. **Listen to your audience.** Our customers asked us for makeup lessons all the time, so we started offering classes. It helped us make our mark in an even bigger way.
2. **Ask for help.** I thought it was smart to locate next to Drybars, so I e-mailed their Web site about my idea. They wrote back and have been guiding me ever since.
3. **Take responsibility.** I read all of our e-mails, so if someone is unhappy, I can respond directly. It's important that people know their experience matters to me.

MAIN PHOTO: STEPHANIE YANG PHOTOGRAPHY FOR BLUSHINGTON. INSTAGRAM PHOTOS: COURTESY OF BLUSHINGTON.

SEVENTEEN.COM/POWERGIRLS Amazing girls doing amazing things!

CONVERSATIONS ABOUT NOTHING IN PARTICULAR



Sometimes, the little things last the longest.

give 

GET extra.

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On Meghan: (here and next spread) Mint hoodie, American Apparel; black skirt, Haute Hippie; heart sunglasses, stylist's own; nameplate necklace, her own; pavé ring, Effy Jewelry.

LIFE ON THE M TRAIN

MEGHAN TRAINOR TAKES YOU ON AN EMOTIONAL RIDE AS SHE DISHES ABOUT BODY CONFIDENCE, BOYS, AND DREAMING BIG.

BY CARISSA ROSENBERG TOZZI PHOTOGRAPHS BY DEWEY NICKS STYLED BY ANNEBET DUVALL

Every summer, Meghan Trainor would go to work at her parents' quaint little jewelry store on Nantucket, Massachusetts. But she always knew she wasn't destined for the family business. "Customers would walk in and ask me to sing," recalls Meghan with a smile. "I was the singing girl. I never wanted to be a jeweler."

But, without a doubt, this girl knows how to sparkle. Ever since her infectious body-positive anthem "All About That Bass" reinforced that "every inch of you is perfect," Meghan—aka M Train—has been on the express track from the bottom to the top of the music world. The 21-year-old powerhouse has performed her No. 1 hit everywhere from *The Tonight Show Starring Jimmy Fallon* to *The Ellen DeGeneres Show*. She's revving up for her soldout tour. And let's not forget about her first trip to the Grammys, where she was honored alongside stars like Taylor Swift. "My schedule is ridiculous!" says Meghan, full of energy despite running on only a few hours of sleep. "But I'm grateful for everything that's happened."

Believe it or not, it took awhile before Meghan truly found her voice. As the middle child—and only girl!—of three, Meghan just wanted to be one of the guys and hang with her brothers, Ryan, now 22, and Justin, 18. "I played football because I worshipped them," she says. "I was like, 'I want to be on the team with you guys!' But I was always left out." Eventually she found her own path: She started writing songs at age 13 and attended summer programs at Boston's prestigious Berklee College of Music throughout high school. "I knew there was going to be something way bigger for me," Meghan says. That something happened at 17, when she won a national songwriting contest—and the attention of industry execs. Soon after, the production company Big Yellow Dog Music signed Meghan as a songwriter, and she moved to Nashville, Tennessee, where she penned tracks for Rascal Flatts and Hunter Hayes.

Despite her success, Meghan was plagued by self-doubt about performing herself. "When I saw photos of myself, I would think, I look awful. There's a double chin!" she says. "I never thought I'd be a pop star. I don't look like Rihanna. So I cut off the idea." But when L.A. Reid, CEO of Epic Records, heard "That Bass," he fell in love with Meghan's empowering, in-your-face lyrics—as did all her fans (hey, Megatronz!), who have clicked on her YouTube video roughly 500 million times. The best part? The pop singer is just as candid in person: During a break from promoting her No. 1 debut album, *Title,* the refreshingly unguarded star sat down in a cozy bathrobe and slippers (with curlers in her hair to boot!) and spilled about body image issues, rocky relationships, and her most personal song yet.

You were harsh about your looks early on in your career. When did that change?

It was after the video for "All About That Bass" came out. When I was signing autographs, this girl came up to me bawling and said, "You make me feel pretty again. Thank you." It really resonated with me that this girl was so gorgeous, and she didn't even know it. It's a mental thing. Just recently I was thinking, I'm confident now, and I look good, and that's because I've started saying those words out loud more. So now when I see pictures, I'm like, "Oh my God, why would I hate myself at all? I look incredible in that picture!"

> "I NEVER THOUGHT I'D BE A POP STAR. I DON'T LOOK LIKE RIHANNA."

When you were younger, did you and your friends take part in body-bashing?

That was my biggest problem. All my pretty goddess friends would be like, "I'm a whale!" And I'm obviously bigger than they are, so I'd be like, "If you're a whale, I'm a monster!" It was like an insult. These days when I'm on the road, I notice everyone is very sweet. Pop stars give out a lot of compliments. When I met Ariana Grande, she was like, "You are adorable," and I was like, "You are gorgeous!" We're all fans of each other, which is awesome.





















On Meghan: Printed top and skirt, Clover Canyon at Bloomingdale's; pearl necklace, Vita Fede; gold bracelets, Ariel Gordon.

Hair: Riawna Capri at The Wall Group for Unite.
Makeup: Mai Quynh for Lancôme.
Manicure: Kimmie Kyees for Orly International/Celestine Agency.
Prop Stylist: Abraham Latham at Art Department.

EFRON: REX USA/EVERETT COLLECTION. *SHE'S THE MAN*: AF ARCHIVE/ALAMY. *MODERN FAMILY*: MITCH HADDAD/ABC VIA GETTY IMAGES. *SNOW WHITE*: AF ARCHIVE/ALAMY. FRANKIE AND TRAINOR: TWITTER. GALAXY: AF ARCHIVE/ALAMY.

What advice do you have for girls who are struggling with body confidence?

Don't miss the parties because you're uncomfortable. That's what I did—I literally stayed at home and cried. Every Fourth of July in my town, you'd go to the beach, party all day, and take selfies for Facebook. I would've been pale in my tankini while everyone else was tan in their bikinis. I never went to one of those, I was so insecure. My friends would ask, "Why don't you come?" and I would lie and say, "My parents are making me work at the store." Everyone at home would always wear light, preppy colors and pearls—I felt like I didn't belong in that preppy world. My brother would say, "Listen, you're an artist. You can get away with anything." So I figured, I'm gonna look like an artist. That's why I wore black every day—I always rolled up in black pants, leather boots, and hoops, and I'd be like, "Waddup!"

Did you have any serious relationships in high school?

There was this boy I was in love with, and we were best friends, so I guess he thought he could tell me, "You'd be so hot if you were 15 pounds lighter." When he said that, I went home and didn't eat anything the rest of the day, but eventually I was like, "*Maaa,* can you cook me something? I missed dinner and I'm starving over here!" It was hard because everyone was dating around me and I was single, but *everyone* was hooking up, me included. Sometimes I would think I had a thing with a guy, but he didn't see it that way, and I would have no idea. No one ever told me, "If he doesn't take you to dinner, don't go anywhere else with him."

Was there a time when you thought, I'm done getting treated like this?

Yep. I came home one night in high school and I was crying in the mirror because I wasn't happy about what just went down with this guy. I felt like trash. I felt used, and I just looked in the mirror and was like, "You are way too cool for this; this isn't cool at all." It was a wake-up call. When you do it at such a young age, you feel like you're crap. You wonder, "Am I horrible? Does no one else do this?" But everybody does it!

So what's your guy situation now?

Ugh, can you find me one? Come on, boys! I'm single—and I'm adorbsies!

ALL ABOUT MEGHAN

FAVORITE ACTOR
Zac Efron



FAVORITE ACTRESS
Chloë Grace Moretz

FAVORITE FILM
She's the Man



FAVORITE STORES
Forever 21 and Topshop. "They're my everything!"

FAVORITE TV SHOW
Modern Family



FAVORITE DISNEY PRINCESS
Snow White



FAVORITE SNACKS
Jolly Ranchers and grapes

FAVORITE TWITTER FEED
@FrankieJGrande



FAVORITE INSTA ACCOUNT
National Geographic (@natgeo) "I love all the space photos."



You are! But it sounds like no one is on your radar.

I knew my life would be complicated if my dreams of becoming a success in music came true. And I knew I'd have to work hard to achieve those dreams, and that they'd have to take a front seat in my life. So even though I went cray in high school, now I haven't kissed a boy in forever. I keep telling myself that the right guy is going to be worth the wait. When I find the one, it's going to be like, "Damn, that's why you took so long! 'Cause you're awesome!"

Your lyrics are so relatable. What other songs do you think will affect your fans the most?

"Like I'm Gonna Lose You," a song that features John Legend, is really personal. I wrote it in Nashville with a few friends, and we were talking about having those nightmares where your brother or your mom passes away, and then you wake up sweating and crying and you go check on them, and they're fine. But it's a real freak-out of "What if something happens to this human being who I love so much?" I've been very fortunate, but I've seen my friends lose people. I say a little prayer every night: "Just take care of my family; make sure they're all good." You never know when your last day is, so you've got to live it up.

On that note, we heard you have an inspiration board for all your dreams.

I put pictures on a board of the world and one of The Billboard Hot 100 chart—at the time, I didn't even know what that was! I swear, a week later I got the record deal, and then my song went to No. 1. Rascal Flatts was on the board and a bunch of people I wanted to work with, like Rihanna, Timbaland, Pharrell. Then I got two cuts from Rascal Flatts, and now Pharrell wants to work with me. It's insane! In the middle of the board, I also put a picture of a Grammy.

And all of that happened for you! The past year has been a whirlwind. What's the best lesson you've learned so far?

I guess the biggest thing that I've learned is, never doubt your dreams. No matter how big your dream is or how ridiculous you think it is, you can't doubt it—you have to believe in it. Because it will happen.

GET THE MIDRIFF?

Pair a ladylike skirt with a sporty crop top and boom! Score a fun athleisure look.

STRIPED CROP TOP AND RED SKIRT
DKNY.
PLATFORM SNEAKERS
DKNY Active.



spring fever

OVER THE POLAR VORTEX? SHAKE IT OFF WITH BRIGHT PATTERNS, GRAPHIC PRINTS, COLORFUL COMBOS—OR ALL OF THE ABOVE!

photographs by jonty davis /// styled by maggie mann



ON MODEL: (THIS PAGE) WHITE SNEAKERS, KEDS.

PAINT JOB

Take splatters into your own hands: Go for an artistic head-to-toe snap in coordinating separates.

SPLATTER-PRINT TOP AND JEANS
Both Sonia by Sonia Rykiel.



PATTERN PLAY

Make an entrance with a jacket that's equal parts fashion and function.

HOODED JACKET
GRAPHIC TOP
MIDISKIRT
All Tanya Taylor.
NEON-STRAP HEELS
Paul Andrew for Tanya Taylor.

ON MODEL: ITHIS PAGE] SOCKS, WE LOVE COLORS.



SOFT SPOTS

Feline, femme, and fabulous: Go on the prowl for animal prints in sherbet shades.

BASEBALL JACKET
WHITE T-SHIRT
LEOPARD SKIRT
SUNGLASSES
CHOKER NECKLACE
GREEN CROSS-BODY BAG
PASTEL SLIDES
All Coach.



SHORT & SWEET

Comfy Bermuda shorts that look dressy thanks to bright embellishments? #Genius

DENIM JACKET
STRIPED TANK
SEQUIN SHORTS
SUEDE PUMPS
All J.Crew.

ON MODEL: ITHIS PAGE] GLASSES, COASTAL.COM.



FANCY PANTS

For your most stylish Insta yet, start with sequined joggers. Then mix in a top with a different pattern but the same color scheme.

BLACK-AND-WHITE TOP
TROPICAL TRACK PANTS
WHITE SATCHEL
LEATHER SLIDES
All Michael Michael Kors.



RIOT GRRRL

Rock a throwback moment by layering a '90s-inspired dress over a T-shirt and slipping on some combat boots.

PRINTED TOP
POLKA-DOT DRESS
RUBBER BOOTS
All Marc by Marc Jacobs.

CHECKS & BALANCE

Business on the top. Tropical getaway on the bottom. Effortlessly chic all around.

WINDOWPANE SHIRT
PALM-TREE SKIRT
OVERSIZE SUNGLASSES
BUCKET BACKPACK
All Elizabeth and James.

Hair: Alberto Guzman for Bumble and Bumble at Ray Brown Pro.
Makeup: Nina Park at The Wall Group for Chanel Rouge Coco.
Manicure: Fleury Rose at Bryan Bantry for Chanel Le Vernis.



ON MODEL: (OPPOSITE PAGE) BLACK SOCKS, HUE; (THIS PAGE) SANDALS, COCOBELLE.



MAKE IT MATTE

Plagued with an uber-oily T-zone? A mattifying primer puts shine-free skin within your reach.

ON MODEL: DRESS, BETSEY JOHNSON; GOLD EAR CUFF, ELECTRIC PICKS; SILVER EARRINGS, CYNTHIA RYBAKOFF. STILL LIFES: J. MUCKLE/STUDIO D.

ALL ABOUT THAT BASE





1



2



3

Primer doesn't just make foundation last longer. It's also the secret to mastering spring's most popular makeup looks. Here, Lijha Stewart, director of Artistry and Education for Make Up For Ever, shows you how.

BY MARTA TOPRAN

PHOTOGRAPHS BY FERNANDO MILANI

STEP 1

Smooth mattifying primer *over,* not under, your foundation. Skip powder altogether: It can make skin look cakey when layered on too heavily.



STEP 2

Give any lipstick a matte finish! Just apply your fave red and top it with matte primer. Finish the look with taupe shadow on your eyes.

1. Make Up For Ever Step 1 Skin Equalizer Mattifying Primer #1, **$36,** sephora.com.
2. NYX Nude Matte Shadow in Bare My Soul, **$4.50,** nyxcosmetics.com.
3. L'Oréal Paris Infallible Le Rouge in Charismatic Coral, **$10,** drugstores.





STEP 1

For a foolproof faux glow, blend bronze primer into areas where the sun would naturally hit your face: your forehead, cheeks, nose, and chin.



STEP 2

Amp up the beachy vibe by sweeping golden highlighter atop cheekbones, metallic shadows on lids, and a caramel hue on lips.

1. Make Up For Ever Step 1 Skin Equalizer Radiant Primer #10, **$36**, sephora.com.
2. Sonia Kashuk Chic Luminosity Bronzer, **$13**, Target stores.
3. Guerlain KissKiss in Golden Girl, **$37**, Sephora stores.
4. CoverGirl Eye Shadow Quad in Go for the Golds, **$7**, drugstores.

ON MODEL: TANK, LINE & DOT; EARRINGS, HADRIA; RING, THE2BANDITS.



BRING ON THE BRONZE

Break out of your winter blahs by rocking a fake tan courtesy of bronzy primer—it's a mess-free alternative to self-tanner.



YOU *DEW* YOU

A big trend at spring fashion shows: radiant skin. The easiest way to turn this runway hit into reality? Hydrating primer.

Fashion Editor: Aeyung Kim. Hair: Miok for Wella Professionals/Judy Casey, Inc. Makeup: Lijha Stewart, director of Artistry and Education for Make Up For Ever. Manicure: Miss Pop for Chanel Le Vernis.



ON MODEL: VEST, MAKE ME CHIC; EARRINGS, RUE GEMBON.



1. Make Up For Ever Step 1 Skin Equalizer Hydrating Primer #3, **$36,** sephora.com.
2. RMS Beauty Living Luminizer, **$38,** rmsbeauty.com.
3. Maybelline New York Master Kajal Eyeliner in Onyx Rush, **$8,** drugstores.
4. NYC New York Color City Proof 24 HR Waterproof Mascara, **$3,** drugstores.



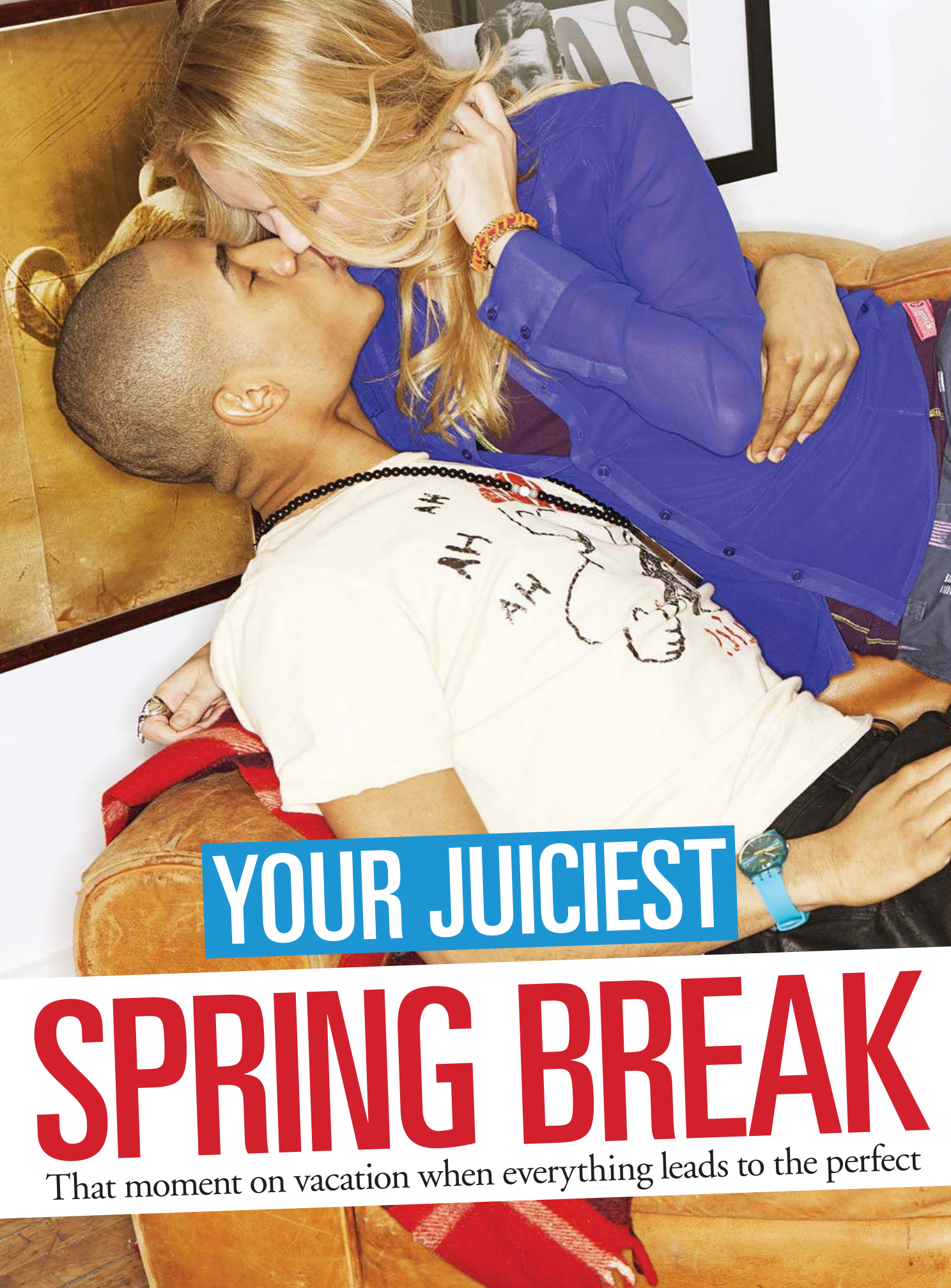
STEP 1

To keep your skin looking dewy, not greasy, concentrate moisturizing primer on your cheekbones but steer clear of your T-zone.



STEP 2

Rim eyes with black liner. Then tap cream highlighter on lids to mimic skin's sheen. Use waterproof mascara to prevent smudging.



YOUR JUICIEST SPRING BREAK

That moment on vacation when everything leads to the perfect



MAIN PHOTO: TERRY DOYLE. (MODELS USED ILLUSTRATIVE PURPOSES ONLY.)

I KISSED THE WRONG TWIN

"I was at a spring break party and in walked Chris*, this cute guy I had just started talking to. We'd kissed the last time I saw him, so I had a feeling this would be the night we'd finally make out. I wasn't wrong. After a lot of flirting throughout the night, he led me to a couch in the back of the room and kissed me! We ended up only making out for a minute because so many people were around us. I was so giddy that I went upstairs to find my best friend and tell her about it. I heard Chris coming and figured he wanted to kiss more in private, so I ducked into the food pantry, which was basically pitch-black. When he walked in, I grabbed him and went for it. You can only imagine how mortified I was when I pulled away and realized it wasn't him—it was his twin brother! Seriously, who makes a mistake like that? Chris wasn't mad, but things didn't last very long with us afterward. Now we're just friends who laugh about The Pantry Incident all the time." –SHER, 17

*Names have been changed.

CONFESSIONS

kiss—or an epic relationship fail. **by lindsay schallon**

I SNUCK OUT FOR A SECRET HOOKUP

"I've always been the girl who avoids doing anything that could get me in trouble. But when I went on vacation to visit my family in Michigan last year, my cousin convinced me that my life could use some excitement. One of her friends and I had really hit it off, so the last night of my trip, I slipped away to see him. We drove around until we saw a sign for a lake nearby. Like I said, I was feeling adventurous, so we decided to go for a swim in our underwear. We were splashing around for a bit when I started shivering. He said, 'Oh, are you cold?' and swam in close so we were facing each other. Then it happened. He pulled me in for the most electric kiss. Between his warm lips and the chilly water—and the fact that this was so something I never did!—I don't know what gave me goosebumps most. My takeaway from the whole experience? I still obviously don't want to get grounded, but it's fun to be impulsive once in a while." –ADELE, 18



guy confession!

I EMBARRASSED MYSELF TO GET A GIRL

"I went to Six Flags with a group over break, and I was pumped because my crush, Livy, came too. The only problem? She was shy. Luckily—or should I say *unluckily*—I had an idea to get closer to her. The guys and I had been playing this game all day where we tried to make someone flinch by lunging at them. So in an attempt to make Livy laugh, I did the lunge thing to a donkey walking by in a parade. So. Dumb. Not only was she unimpressed, but I ended up being taken to security! On the ride home, I admitted I only did it to make her like me. I could tell she felt bad and my gut told me that this was my moment. So I leaned in slowly and we kissed! I'll never do something that stupid again, but this time was worth it." –TODD, 21

BEACH PATROL BUSTED US MID-MAKEOUT

"My junior year of high school, I went to Mexico for a week with my best friend and her family. It was our last night of vacation, so we decided to go dancing. That's when I met Steven. He was tall with messy hair—literally the hottest guy I had ever seen. I was having so much fun laughing and dancing with him; I didn't want the night to end. So instead of turning in, we asked if he and his friends wanted to go for a walk along the beach. I hinted to my friend that I wanted alone time with Steven, so the group went ahead of us. We sat down

OMG, wait . . . there's more!

"I told my mom someone broke in to cover up that I had snuck out. She called the cops to report it!"

–Raymond, 21



"The upside to a downpour flooding our camp site? Kissing in the rain was H-O-T."

–Julia, 22





behind a stack of chairs and started hooking up. Suddenly, it became *very* bright. I thought my friends were pulling a prank, but when I looked up, there were security guards shining their flashlights on us. While I hurried to fix my clothes, Steven gave them $20 to leave us alone. I guess what happens in Mexico stays in Mexico—so long as you have extra cash!" –SABRINA, 18

I HAD MY FIRST KISS IN A JACUZZI

"I had a crush on my best guy friend, Ryan*, for as long as can I remember. But I was scared it would ruin our friendship if I told him the truth about how I really felt. Then at his spring break kickoff party, someone came up with the idea to play spin the bottle in the hot tub. I was terrified—the only kiss I'd ever had was a small peck—so I tried to back out. But Ryan insisted I play. When my turn came, I was so nervous, I thought I was going to barf. I remember thinking, Please don't be him. Please don't be him. The last thing I wanted was for our first kiss to be awkward. But of course, the bottle landed on him! I tilted my head slightly, put my arms around his neck, and mimicked what he did with his tongue. It was like fireworks. As everyone was toweling off to go inside, Ryan stopped me and asked if we could talk. He admitted that he liked me, and we got back into the Jacuzzi to make out. Looking back, I'm so happy I didn't chicken out on the game. We ended up dating after that!" –AMANDA, 16

guy confession!

I HID FROM MY CRUSH'S MOM

"This girl I was talking to invited me over to her house one night. I didn't realize her parents were strict until she told me we had to be quiet. So we put on a movie and began making out. Right when we started getting into it, we heard a knock. It was her mom! Panicked, my crush shoved me into the space between her bed and the wall and threw a ton of pillows over me. I had to lie there dead silent for 10 minutes while they talked. I couldn't believe I didn't get caught. That is, until her older brother pulled into the driveway right as I was climbing out her window to leave. After all that effort to stay concealed—busted." –JUSTIN, 18

WE SPONTANEOUSLY HOOKED UP IN A TUB

"My friends and I (including my girlfriend, Donna, and my neighbor Sarah) were sitting around bored over break, when someone had a brilliant suggestion: Let's play hide-and-seek. As I was running around outside, I noticed the bathroom window at Sarah's house was open, so I climbed through it. I pulled the shower curtain aside to hide, and guess who I found? Donna! I was about to make a mad dash for a new hiding spot when she whispered, 'Stay with me,' and pulled me in next to her. There we were alone, crammed together, with our adrenaline racing from the game—it was pretty sexy. In that moment, we locked eyes, and bam—we started making out. The seeker got quite a surprise when she finally discovered us!" –SANNE, 19

"A guy actually told me: 'I'm a vampire. I like to bite people. And by *bite,* I mean *kiss.*' I kissed him anyway."
–Lauren, 19



"We got so caught up making out on the shore, our cruise ship almost left us behind. Captain = not happy."
–Erin, 21



"I hooked up with my ex in a baseball dugout. It was . . . shall we say . . . dusty."
–Payton, 17



PHOT OF COUPLE: CHEYENNE ELLIS. IMODELS USED FOR ILLUSTRATIVE PURPOSES ONLY.I VAMPIRE: WWW.SPIRITHALLOWEEN.COM. STILL LIFES: (POL)ICE CAR AND BASEBALL GLOVE) ALAMY; (BOOT) GETTY IMAGES; (CRUISE SHIP) SHUTTERSTOCK.

TRAUMARAMA

Everyone has had humiliating moments!



TECHNICAL FOUL

"My boyfriend won the MVP award for his basketball team and invited me to come to the awards ceremony with him and his parents. I was so proud of him, and it was my first time meeting them, so I really wanted to be on my A-game. As the coach was giving the speech about my guy, I took out my phone to take a video of the whole thing. Unfortunately, I had forgotten to put it on vibrate, so when my friend called, 'Shake It Off' started blasting through the dead-silent auditorium! Everyone turned to look, and his parents glared at me. FML to the extreme."



SCHOOL OF GUAC

"My school lets us pick electives every semester, and I was dying to take cooking. For the first lesson, we were learning how to make guacamole—so I set out the spicy peppers to chop for my group. About halfway through, I rubbed my eye, forgetting what I had just been chopping. It burned so bad, I was bugging out. My teacher led me to the emergency eyewash station, but the water got everywhere and it still didn't help. After I stayed two periods in the nurse's office, the pain calmed down, but I still spent the rest of the day looking like a scary one-eyed devil. I guess I can cross *chef* off my future careers list."

BATHROOM HUMOR

"My best friends and I have an inside joke where we send each other Snapchats from the bathroom. We call them 'Crap Chats.' One day, I sent one so quickly, I didn't realize that I'd accidentally added the photo to My Story for all of my contacts to see! I put my phone away to study for a couple hours and came back to find a bunch of confused replies, including one from my BF. Safe to say I never sent another Snap from the bathroom again!"

CLOTHES CALL

"I'm class president, and one spring day we brought in a guest speaker to talk to the entire grade. Everyone sits up in the bleachers in the gym, and the podium was on the floor. That day, I was wearing a pretty flowy dress because I was excited to introduce the speaker. Well, it must have been a little looser than I'd thought, because after my speech was over, my BFF came up to me and said everyone in the higher rows of the bleachers could see down my top! She's not the only one who pointed it out to me either. Ugh, not exactly presidential material."

SCRATCH THAT

"I had wanted a cat for practically my entire life. Finally, for my 17th birthday, my parents surprised me with a kitten! She was so cute, but she loved to nibble and scratch. One day I invited my crush over to study, and we were playing with the kitten. He went to pet her head but suddenly she flipped and scratched the side of his face! It was awful—he was bleeding for an hour and had a puffy, red mark for weeks. Everyone kept asking him about it. I wanted to scratch my eyes out."





BRUSH HOUR

"My hair had been cut really short for my TV show, so I put in hair extensions to make it long again. Soon after, I was on my first date with my boyfriend [Tristan Klier] at the movies. Before the show started, he ran his fingers through my hair. All of a sudden, he looked at me like I was an alien. My face turned bright red as I saw what was in his hand—it was one of the extensions! He asked me if my hair was falling out, and I had to explain the whole thing. I still cringe thinking about it!"

–BELLA THORNE

MAIN PHOTO: TERRY DOYLE. (MODEL USED FOR ILLUSTRATIVE PURPOSES ONLY.) STILL LIFES: (PEPPERS) JOE BIAFORE/GETTY IMAGES; (KITTEN) SPXCHROME/GETTY IMAGES. THORNE AND KLIER: JIM SMEAL/REX USA.

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THINGS TO DO!



1 BRING ON THE "AWWS"

Celebrate National Puppy Day on March 23 by throwing a paw-ty for your favorite pooch—you know these cuddle masters deserve a day of love.





2 BLAST A NEW PLAYLIST

Take a break from Taylor and test-drive debut albums from indie-cool group MisterWives and Maroon 5-esque band Rixton. You'll be obsessed.



3 REVAMP YOUR ICONS

The CocoPPa app lets you transform your home screen into a work of art!



4 MAKE CHOCOLATE LASAGNA

Usher in American Chocolate Week (March 15–21) with this no-bake goodness: Alternate layers of Cool Whip and chocolate pudding and then top with crushed peanut butter cups.

DIG INTO THESE READS

5

In this thriller (out March 10), Nick must find her missing sister before the unspeakable happens. Chills!

Mega-inspiring Mo'ne Davis releases her memoir March 17, which details how she made Little League baseball history.



6 FEEL AMAZE

International Awesomeness Day is on March 10. Grab the besties and Snap in selfie mode about how kick-ass you all are.

MEET YOUR NEW PRINCE CHARMING

Your fairy godmother has delivered! In the new version of *Cinderella* (out March 13), the jewel in the crown is the dashingly handsome Richard Madden.

7



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